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metronews.ca

Style pg 17



Look holiday hot in gold



RYAN TAPLIN/METRO HALIFAX

Canadian Idol top three finalists Theo Tams, left, Drew Wright, middle and Port Hood's Mitch MacDonald perform a cover of the Beatles In My Life during their sold-out show at the Rebecca Cohn Auditorium last night.

Canadians Idolized

PHILIP CROUCHER
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Mitch MacDonald was certainly feeling the love at the Rebecca Cohn Auditorium last night.

First, the adoration came from a teenage girl near the front of the stage who yelled 'I love you Mitch.' Then, after a bashful thank you from the 22-year-old Cape Bretoner, a one-upmanship began from a group of teenage girls who screamed in unison, 'We love you more Mitch.'

"Let's get some bets going here," MacDonald quickly replied before jamming it out to Crazy by Gnarls Barkley to open his solo set as the Canadian Idol Top-Three Tour stopped in Halifax last night to a crowd of over 1,000 people.

MacDonald, the runner-up to this season's Idol, was swooned over most by fans, which ranged in age from five to 90. The Port Hood native played four songs in his solo set, highlighted by a rockin' rendition of Joel Plaskett's Nowhere With You.

The 90-minute show began with MacDonald, third-place finisher Drew Wright and Idol winner Theo Tams singing together to the Beatles In My Life.

> **"Let's get some bets going here."**
> Mitch MacDonald

From there, Wright rocked it out to four songs, including U2's Where The Streets Have No Name and Cuts Like A Knife by Bryan Adams.

After MacDonald's set, Tams took the stage and sang six songs, the best of which was Serena Ryder's Weak In The Knees, which he performed to rave reviews on Idol.

For the encore, MacDonald played another Plasket hit, Love This Town, which was also a big hit with the Idol judges.

To end things, MacDonald, Wright and Tams sang All These Things That I've Done by The Killers and Revolution from The Beatles. They then said goodnight and left the stage to a lengthy standing ovation putting to end a fun show with strong performances, and very little in the way of cheesiness.

Charges laid in Sackville shooting

JENNIFER TAPLIN
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A man is charged in relation to a shooting in Sackville Tuesday.

Sergio Davidson Bowers, 19, was arrested after a short police chase and he was charged with attempted murder, robbery and two charges of possessing drugs for trafficking.

Bowers appeared briefly in court yesterday and his case was put over until tomorrow.

He is also scheduled to appear in court Jan. 9 on previous charges of fraudulently obtaining food and theft under $5,000.

> **"I asked if he was the driver of the car and he said no."**
> Bowers' grandmother

Mike Patriquen, 25, was still in serious condition in hospital yesterday.

He received a single, but serious, gunshot wound.

He is the son of Michael Patriquen, the founder of the former provincial Marijuana party.

When RCMP arrived at Orchard Drive before 4 a.m. Tuesday, they quickly figured out a suspect and description of a car. He was arrested later at a checkpoint where he was in a car with two women.

A woman identified as his grandmother attended Dartmouth court yesterday.

She said when she spoke to Bowers on the phone Tuesday night, he sounded upset.

"I asked if he was the driver of the car and he said no," she said, very softly spoken.

ShareYourViews
halifaxletters@metronews.ca

CD case used in prison stabbing

JAIL A prisoner was stabbed up to 10 times by a fellow inmate who fashioned a shank out of a CD case at the Burnside Correctional Facility Tuesday. The wounded inmate suffered only surface lacerations. The attacker was a violent federal offender who was being transferred for a court appearance.

PAUL MCLEOD/METRO HALIFAX

Sports pg 13

Swapping the NHL for the Q

Atlantic Free Daily Newspapers Inc., operating as Metro Halifax 3260 Barrington Street, Suite 102, Halifax, Nova Scotia B3K 0B5. Publisher: Greg Lutes


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Find the best places, review them and share your experiences.
weblocal.ca
Find. Rate. Share.

Province to survey class of '03
The Maritime Provinces Higher Education Commission is surveying 2003 grads to see how they're doing with work, repaying student loans, or further study. More than 2,000 grads will be surveyed by phone. METRO HALIFAX

Local



Trade up for LEDs

Want to light up your house this December and still save money? Bring two sets of incandescent lights to your local tree-lighting service, and you'll get an energy-efficient set of LED lights from Nova Scotia Power and Conserve Nova Scotia. For more information, visit www.conservens.ca or www.nspower.ca. METRO HALIFAX

Cops say no charges will be laid in fatal Bathurst crash

RACHEL BOOMER
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ACCIDENT New Brunswick RCMP have opted not to lay any charges in the January van crash in Bathurst that killed seven high school students and a teacher.

In a release yesterday, the RCMP say there were "no grounds to lay criminal charges against anyone."

The van, a Ford Econoline F350 carrying Bathurst High basketball players, their coach and his wife, an elementary school teacher, hit a tractor-trailer in winter conditions. Eight of the 12 people in the van died.

Tired?

- A report by Transport Canada found the driver had been awake for 16 hours.

A July 2008 review of the crash found the van was traveling slower than the speed limit, but its all-season tires were worn. Six of the eight people killed weren't wearing seatbelts; one victim was wearing a seatbelt the wrong way, and another died despite wearing a seatbelt properly.

News in brief

CONSTRUCTION Drivers might want to avoid Agricola Street today. City crews will be paving it between Young and Almon Streets, from 9 a.m. to 4 p.m. Traffic will be down to one lane, stop and go. METRO HALIFAX

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What's online today.

Movies showtimes, trailers reviews and buy tickets at **metronews.ca/movies**
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Play online games at **metronews.ca/play**

Lotteries
Lotto 6/49 12, 30, 34, 38, 39 & 43 Bonus 36
These results are not official.

ShareYourViews
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Deputy chief of police defends hiring practices

PAUL MCLEOD
and LINDSAY JONES

Halifax's deputy chief of police defended polygraph hiring questions yesterday.

Potential police officers, the force's civilian employees and firefighters are asked everything from whether they've ever stolen anything to whether they've committed incest or had sex with animals.

Mayor Peter Kelly called for a review into the polygraph after finding out the would-be hires were asked intrusive questions about their sexual practices.

Chris McNeil, deputy chief of Halifax Regional Police, said questions about illegal activity are standard and need to be asked.

"Having sex with animals is a crime," McNeil said.

"We're looking at, is there anything in someone's background that would be at odds with their role in a police service."

McNeil said polygraphs have been used extensively for the last two decades. He insisted police aren't looking to hire perfect people. And while people may not like some of the difficult questions, it's their job to ask difficult questions.

An Edmonton police detective contacted by Metro Halifax says questions about bestiality or incest are common during polygraph tests.

"You won't find many (police) recruiters or polygraph examiners who don't support asking those questions," said Edmonton Police polygrapher Det. Colin Derksen. "We probe into almost every criminal offense that would give us a snapshot into their character."

He said sexual contact with animals indicates some kind of deviance or psychological issues.

"It certainly doesn't happen as often as ripping off a chocolate bar as a kid in a store, but you can appreciate that if it did happen, because it isn't all that common, it's probably an indicator of some type of behaviour or psych issue," Derksen said.

He said an isolated incident such as experimenting with the family pet is very different than something that progresses to full-on intercourse. People are encouraged to give context to the experience, he added.

"People have disclosed all different types of activity with all different types of animals in lots of different settings," he said.

He said sexual questions aren't asked out of the blue, but begin with a preamble explaining the police are only interested in illegal sexual activity.



DAILY NEWS FILE PHOTO

Const. Darrell Gaudet administers a polygraph test in this 2004 file photo.

Contract under review

- Halifax's deputy chief of police Chris McNeil says he's reviewing whether to continue using a polygraph company run by two local police officers. Questions were raised recently about the officers collecting nearly $115,000 by doing integrity and polygraph tests on hundreds of firefighter applicants. Earlier this week, the city announced plans for a full review of the recruiting practices.

Polygraphs throughout the nation

SURVEY City staff are checking with municipalities across the country to find out the standard practices when it comes to polygraph hiring across the country.

Metro Halifax contacted the following cities to find out whether polygraph tests are administered to would-be cops, forces staff and firefighters.

- Edmonton — Potential officers and a handful of the force's civilians who handle sensitive information undergo a polygraph test during hiring.
- Fredericton — Polygraph tests are not permitted during hiring in New Brunswick, but the Fredericton Police Force says potential officers are interviewed by a polygrapher.
- Regina — All would-be police department employees, including officers and civilians, are required to take a polygraph test.
- St. John's — Only potential officers have to take a polygraph test.
- Calgary — Would-be officers and a handful of the force's civilians who handle sensitive information undergo a polygraph test during hiring. New firefighter recruits also have to take a polygraph.
- Winnipeg — Polygraph tests are not used. METRO HALIFAX

$475 to be tested

- The practice came to light in Halifax after a firefighter candidate complained he had to pay $350 for a polygraph test and another $125 for an integrity interview and ultimately wasn't hired.

Lie detectors not an option for private companies

PHILIP CROUCHER
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Would public sector recruiters ask job seekers intrusive questions about their sexual practices?

"We wouldn't touch that with a 20 foot pole," said Danny Hewitt of EVP Recruitment in Halifax. "We're not even allowed to ask race or gender."

> **"We're not even allowed to ask race or gender."**
> Danny Hewitt, EVP Recruitment

Mayor Peter Kelly is reviewing the city's use of polygraphs in the hiring of police and fire personnel after it was determined questions to potential candidates range from whether the would-be hire has ever committed incest or had sex with animals to if the person has ever downloaded illegal software.

Hewitt doesn't know of any public sector companies in Canada who use polygraphs for hiring, but has heard of them used with some large military contractors in the United States. Hewitt said for the companies they work with, a very involved assessment of about 200 questions can be used to gauge whether someone is being honest with their answers or is outside the norm based on statistical analysis grouped over time.

The questionnaire can get into a potential criminal background, but it isn't asked directly — more like asking if they would object to a criminal check.

"Now, they're in a situation where if they object, then that's a red flag," he said. "But if they don't object, they're also in the back of their mind thinking, well, they might be doing a criminal record check."

Armed Forces set for public trainng exercises this weekend

If you see soldiers with guns around Shannon Park, the Eric Spicer Building in Dartmouth or Shubenacadie this weekend, don't be alarmed. Canadian Forces members will be doing a training exercise with blank ammunition, smoke grenades and some helicopter drills from Friday to Sunday. METRO HALIFAX

No gloom and doom for shoppers

JENNIFER TAPLIN
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Don't look for breaks in the crowds — holiday shopping is stronger than ever.

According to a national survey by Deloitte, most shoppers intend to spend just as much as they did last year.

It's a relief for store owners like Linda Clark, who worried the global financial crunch would affect her bottom line.

"You're hearing all this gloom and doom. I think if we had more positive reports about things, it would get better," said Clark, the owner of Coconut Creek in the Halifax Shopping Centre.

Last weekend changed her mind. The mall hosted a 20 per cent sale on Saturday, but Clark said customers walked right past the sale items.

"They didn't buy any of that stuff. They're buying fun things, anything that makes them laugh."

Shopping on Spring Garden Road, Bernice LeBlanc said she'll be spending less this year.

"We all decided to go less and concentrate on Christmas and not on the gifts."

The survey found shoppers are loving the sales this year: 86 per cent of Atlantic Canadians intend to buy more items on sale.

Shopper Andrea Heerdegen said she tries to stick to the sales. Her friend Lauren Chapman said she'll probably spend less.

"I don't have as much money as I did last year," she said.

Deloitte is predicting a healthy shopping season because gas prices mean people have more money in their pockets. Clark said she believes it.

"After this weekend I'm up and positive. I'm thinking it's going to be a great Christmas."

A lower Canadian dollar means cross-border shopping will be low this year, and the survey found online shopping will be less popular this year.

Gift cards, a popular item for years, will be big again this year. Deloitte found 74 per cent of Atlantic Canada will buy gift cards this season.

The survey of 2,847 people has a margin of error for the entire sample of plus or minus five per centage points.

Top 10 gifts

2008
1. gift certificates
2. clothing
3. books
4. food/liquor
5. CDs or DVDs
6. traditional toys
7. cash or cheque
8. cosmetics or fragrances
9. computer/video games
10. jewelry/clothing

2007
1. clothing
2. gift certificates
3. CDs or DVDs
4. books
5. food/liquor
6. traditional toys
7. cosmetics or fragrances
8. electronics
9. computer/video games
10. jewelry

SOURCE: DELOITTE'S ANNUAL HOLIDAY SURVEY



RYAN TAPLIN/METRO HALIFAX

Andrea Heerdegen, left, and her friend Lauren Chapman shop yesterday along Spring Garden Road. According to a new survey, most holiday shoppers intend to spend just as much as they did last year.



Road rage leads to charge

Police say one man was left with facial injuries and another faces an assault charge following a road-rage incident in Charlottetown.

Charlottetown Police Deputy Chief Richard Collins said one driver, a man in his late 50s, left his car to confront the female driver of the other vehicle. A passenger in the woman's car leapt out to intervene.

That passenger allegedly punched the other man, causing facial injuries that required hospital treatment.

A man is facing a charge of assault causing bodily harm and is scheduled to appear in court on Dec. 15.

Collins describes the altercation as an unfortunate situation of road rage leading to injury "that could have been avoided."

THE CHARLOTTETOWN GUARDIAN

Phone scammers claiming to be cops hit New Minas

Two people in the New Minas area have fallen victim to a phone scam that allows criminals — including some in an Illinois jail — to run up their long-distance bill.

Here's how it works: The scam victim gets a phone call from someone claiming to be a police officer from a local force. The phoney officer says the victim may be related to someone who's been hurt in a car crash, and to press *72 for more information.

The catch? If you do it, you've just call forwarded your phone to the criminals, who can make calls all around the world. The fix is, dial *73 to end the call forwarding.

"It appears some of these calls are being made from a correctional facility in Illinois," New Minas RCMP Sgt. Mike Holland said yesterday.

Holland said police rarely phone to tell someone a family member's been hurt; they always try to go to the home of the victim's family and deliver the news in person. Hospitals might call to get medical information, but no one will ask you to dial any extra numbers to get more information on a hurt loved one.

RACHEL BOOMER/METRO HALIFAX

Operation Red Nose set to kick-off

PAUL MCLEOD
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DRIVING A lot of drunk drivers give police the excuse of, "I didn't have any other way home."

It'll never work, and starting soon there'll be one more option to get back at the end of the night.

The annual Operation Red Nose is set to kick off at the end of November and runs through the end of December.

This is the 25th year of the program, which started in Quebec City and is now run in over 100 communities across Canada.

Partiers who have had a few too many can call the Operation Red Nose hotline and volunteers will show up to drive them home.

Last year 485 volunteers in Nova Scotia drove home more than 1,700 revelers.

It beats being part of Operation Christmas — the successful police program to ramp up drunk-driving checkpoints around the holiday season.

Author named judge
Lawyer and children's book author Marci Lin Melvin has been appointed a judge of the provincial and family courts. METRO HALIFAX

SUBMITTED



Scotia Surgery, a private clinic in Dartmouth, is part way through a one-year pilot project in which it charges Capital Health $500 per hour for its work.

Private clinics work, government says

PAUL MCLEOD
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Nova Scotia's dabble in private health care is working, the province says. But the opposition isn't buying it.

Scotia Surgery, a private clinic in Dartmouth, is reducing wait times and saving the province money, according to health officials.

"Two-hundred-and-forty-six cases have been done there that otherwise would still be on the list," said Abram Almeda, the Health Department's acting executive director of acute care.

"We're doing our own monthly evaluations and when you get almost 100 per cent satisfaction rate from all of the patients that have had their surgeries done there, I think you'd be sold as well."

"We have a public system right now that I believe is being eroded when you allow private surgery clinics to open in the province." Dave Wilson, NDP MLA

Scotia Surgery is partway through a one-year pilot project. It charges Capital Health $500 per hour for its work. That adds up to about $1 million for the 528 operations it plans to do for the year.

Almeda said this is no more expensive than if they'd been done in the public sector, and the $500-per-hour rate is only a quarter of what some facilities in Western Canada charge.

The facility also uses nurses who have retired or left the public centre, so as not to poach from hospitals. A full review will be done in December, but for now Almeda says he'll recommend extending the pilot project next year.

But the NDP and Liberals raised concerns about bleeding staff to the private sector and rising costs.

"With Scotia Surgery for example, the government hasn't asked or they haven't been telling us what profit margin would be acceptable," said NDP health critic Dave Wilson.

"We have a public system right now that I believe is being eroded when you allow private surgery clinics to open in the province."

Proceed of crime trial underway

CHARGES Ninety-four charges were brought against seven people yesterday in Colchester County after a year-long proceeds of crime investigation came to a close. Curtis Blair Lynds of North River is facing 41 charges of possession of proceeds of crime and two charges of money laundering to lead the charge list. Lynds is currently in jail for recent drug-trafficking convictions and will appear in court to enter a plea with the other six charged on Jan. 7 in Truro provincial court.

PHILIP CROUCHER/ METRO HALIFAX

News in brief

LEAF PICKUP The city will do a special leaf pickup starting Monday. It'll be a one-time-only service in areas of HRM with lots of trees. Rake your leaves, and put them either into your green bin, clear or orange plastic bags, or paper bags, then leave them beside your green bin for collection. There's a 20-bag limit; for more information, call 490-4000.

METRO HALIFAX

STABBING The RCMP is still looking for a 24-year-old man charged with stabbing two people in Tors Cove, Nfld., Friday. On Monday, police charged William (Billy) Augustus Grouchy, of no fixed address, with two counts of attempted murder in relation to the stabbing incident. Police say three men were in an SUV, when one of the men stabbed the other two.

TOURISM Tourism generated $19.7 billion of revenue for governments in Canada in 2007, up 4.3 per cent from 2006 according to StatsCan. The gain was driven by higher revenues from domestic tourism spending, as the revenue related to spending by international visitors was down. Government revenue attributable to domestic tourism rose 6.1 per cent to just over $14.5 billion. The revenue due to spending by international visitors was down 0.6 per cent to $5.1 billion.

TRANSCONTINENTAL MEDIA



Crisp family to set up foundation in son's name

The family of Brandon Crisp - a Toronto area boy who was found dead last week of an apparent fall from a tree - has set up a trust fund in his name to create a foundation dedicated to helping disadvantaged youth play minor league sports. **METRO NEWS SERVICES**

Canada



Mounties in India over bombing

Five RCMP officers have travelled to India to investigate the 1985 Air India bombing, say reports. The Mounties were to question two Sikh separatists at the high-security Burail prison in Chandigarh, reported the Times of India. Air India Flight 182 went down in the Atlantic Ocean off the coast of Ireland on June 23, 1985, killing all 329 people, many of them Canadians.

CBC NEWS ONLINE

Auto industry bailout in question

Finance Minister Jim Flaherty says people in his own Whitby-Oshawa riding are urging Ottawa not to bail out the Big Three North American automakers when it may not survive.

Flaherty said in Toronto yesterday that while some people are calling for financial assistance others believe it would be good money after bad.

"There are many people saying we should do something with respect to the auto sector. But I can tell you, even in my own riding where I was yesterday, in Whitby-Oshawa, which is the home of General Motors of Canada, there are also people who say don't do anything — don't use my tax money to bail out an enterprise that may not survive," Flaherty said.

His comments appeared to contradict the positive message from the First Ministers' meeting earlier this week, which left premiers with the impression Ottawa was poised to help the struggling auto industry.

But an aide to Prime Minister Stephen Harper said Flaherty's remarks are consistent with the government's position.

"I think we're communicating fairly clearly and consistently on that, that we're not slamming the door shut to proposals from the auto sector or other sectors," the aide said.

The government wants to lay out principles for bail-outs so that the government is attacking fundamental business problems.

Otherwise, bailouts can waste a lot of taxpayers' money, the aide added.

TORSTAR NEWS SERVICE

Meeting with industry

- Ontario Premier Dalton McGuinty is meeting tomorrow with GM, Chrysler, Ford, Chrysler, Toyota and Honda. Ottawa is under pressure from the industry to come up with a stimulus package for an ailing sector.

Acadian to lead?

JEFF HODSON
Metro Canada

POLITICS The Liberal Party of Canada needs to reconnect with average Canadians by talking about the things that matter to them — jobs, infrastructure and education, leadership hopeful Dominic LeBlanc said in Vancouver yesterday.



Dominic LeBlanc

A bilingual Acadian from New Brunswick, LeBlanc, 40, says he represents a generational and geographical change in the leadership of the Liberal party. So far he has the backing of Jean Chrétien's and Paul Martin's chiefs of staff, as well as the organizers behind the 2006 leadership bids of MPs Scott Brison and Ken Dryden.

"I wouldn't be running if I didn't think I had a chance to win," said LeBlanc, the son of former Governor General Romeo LeBlanc.

Fung claims swap occured

KIDNAPPING The Canadian journalist kidnapped near Kabul last month said yesterday that she had been released in exchange for relatives of her chief abductor, who the Afghan authorities had put in jail after she was seized.

CBC reporter Mellissa Fung was freed on Saturday after 28 days in captivity. She said most of the kidnappers had been very young men and were clearly members of a criminal gang rather than the Taliban. Fung said that family members of that gang were released in exchange for her safe retrurn.

Prime Minister Stephen Harper said on Monday that no "political prisoners" had been exchanged for Fung, a choice of words that could exclude the possibility of family members being used in a swap.

REUTERS

Quebec **ADQ languishing in polls**



MATHIEU BELANGER/REUTERS

Action Démocratique du Quebec leader Mario Dumont speaks to students as he campaigns at the Academie St-Louis High School in Quebec City yesterday. The Léger Marketing survey pegged Liberal support at 41 per cent, compared with 35 per cent for the Parti Québécois and 14 per cent for the ADQ. Quebec goes to the polls Dec. 8.

Ignatieff to take run at leadership

LIBERALS Liberal MP Michael Ignatieff will today officially announce he's running for the Liberal leadership, even as another contender says that a "generational change" in the leadership is urgently needed to reconnect the party with Canadians.



Michael Ignatieff

Ignatieff, the party's deputy leader, plans a morning news conference in Ottawa to confirm that he will run again for the prize that he narrowly lost to current leader Stéphane Dion nearly two years ago.

Three other possible contenders for Dion's job, David McGuinty, Gerard Kennedy and Denis Coderre, yesterday announced they would not seek the leadership at the convention in May.

TORSTAR NEWS SERVICE

News in brief

TORIES Conservative party members, fresh off a campaign victory, will gather in Winnipeg today for a policy convention to review what the party stands for and what its goals are for the fall session.

CRIME Canadian prison authorities were forced to release a 450-pound gang member this week because he was too large for his cell, the Journal de Montreal newspaper reported yesterday.

POLITICS The host of "Going Fishing," Darryl Cronzy, was reprimanded yesterday for comments he made during the 2007 Ontario election that were deemed to be political propoganda. **REUTERS**

Fantasy Masquerade Ball
Canadian Liver Foundation
Halifax Chapter Fundraiser.
Proceeds support:
CANADIAN LIVER FOUNDATION / FONDATION CANADIENNE DU FOIE

Friday, November 21st, 2008
9pm – midnight at
The Lord Nelson Hotel & Suites
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Dessert & dancing with host Olga Milosevich
and the John Chiasson Sextet
featuring Scott Macmillan and Daniel Matto.
Tickets available at Mills on Spring Garden Rd.
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Sony Ericsson w580
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American Idol wannabe found dead in apparent suicide

A woman who once tried out for top-rated television show American Idol and appears to have been an obsessed fan of judge Paula Abdul has been found dead of an apparent suicide near the pop star's home. Police said they discovered the body of Paula Goodspeed, 30, in a car near Abdul's Los Angeles home Tuesday night. REUTERS

World



Best bottoms in the world

Brazil's Melanie Nunes Fronckowiak, left, and France's Saiba Bombote, far left, pose after they won the female and male final of the "most beautiful bottom in the world" competition in Paris yesterday. Some 45 finalists from 26 different countries took part in the competition to win a modelling contract and 15,000 euros prize money.

REUTERS

Four dead in Israeli-Hamas clash

GAZA Israeli soldiers shot dead four Hamas gunmen in the Gaza Strip yesterday during an incursion, drawing a volley of Palestinian mortar fire and promises of revenge in a further setback to a fraying ceasefire.

Tensions had already been running high over an Israeli halt to the import of fuel and humanitarian aid to Gaza following a similar clash on Nov 5. But Israeli Defence Minister Ehud Barak said some supplies would be allowed through today. REUTERS

Russia rejects U.S. missile shield plan

DEFENCE The Kremlin yesterday rejected U.S. proposals aimed at easing concerns over a missile defence system in Europe and said it would try again to resolve the row once Barack Obama is in the White House. REUTERS

Italy **Landmark right-to-life case**



REUTERS/HANDOUT

Italy's top court could have the final word on whether a man can remove the feeding tube which has kept his comatose daughter, Eluana Englaro, pictured, alive for 16 years, in a landmark right-to-die case that has split the country.

Freeze worse than Ice Age coming?

Scientists say planet could cool in 10,000 years

The planet could face a freeze worse than an Ice Age starting in as little as 10,000 years, giving future societies a headache the opposite of coping with global warming, scientists said yesterday.

The researchers, based in Britain and Canada, said that now-vilified greenhouse gases might help in future to avert a chill that could smother much of Canada and the United States, Europe and Russia in permanent ice.

They said the study, based on records of tiny marine fossils and the earth's shifting orbit, did not mean the world should stop fighting warming, stoked by human emissions of heat-trapping gases from burning fossil fuels.

"We're saying: 'don't push the panic button'," said Thomas Crowley, an American scientist at Edinburgh University who shared authorship of the study in the journal Nature with a colleague at Toronto University.

"There's no excuse for saying 'we've got to keep pumping carbon dioxide (CO_2) into the atmosphere", he told Reuters by telephone, adding that the cooling was projected to start in 10,000 to 100,000 years.

"Geologically it's tomorrow," he said. "But we have a lot of time to argue about the appropriate level of greenhouse gases."

The projected build-up of vast ice sheets across the Northern Hemisphere and over seas around Antarctica would also lower sea levels by perhaps 300 metres — connecting Russia to Alaska by land. REUTERS

Obama to act quickly on climate change

- President-elect Barack Obama will act against climate change early in his presidency, an environment adviser said Wednesday amid doubts that a U.S. carbon-capping program will be in place before 2010.

U.S. changes economic bailout plan

CRISIS The U.S. Treasury backed away from using a $700 billion US bailout fund to cleanse bank balance sheets of bad mortgage debt, while Europe reported more gloomy economic news, fanning fears of a worldwide recession.

Global stock markets fell, with Wall Street down for a third straight day and the tech-heavy Nasdaq closing at a five-year low. The price of oil tumbled 5 per cent to just above $56 a barrel.

"I will never apologize for changing an approach or strategy when the facts change."
Henry Paulson, U.S. Secretary of the Treasury

Secretary Henry Paulson, in the most explicit sign yet that Treasury was abandoning its initial plan for the rescue funds, said he preferred to focus instead on buying stakes in banks to encourage them to increase lending.

Treasury initially promoted the bailout as a way to help banks unload toxic mortgages, but yesterday, Paulson defended the change in a news conference, saying, "I will never apologize for changing an approach or strategy when the facts change." REUTERS

Make room for a Bush on your bookshelf

MEMOIRS Republicans may have been voted out of power but they could dominate U.S. political bookshelves with memoirs by President George W. Bush and first lady Laura Bush among the possible coming attractions.



Laura Bush

Publishers would eagerly offer Laura Bush seven figures for her memoirs, publishing experts say, raising the question of whether she could fetch more than her husband.

Yet both could be outdone by Sarah Palin, the feisty governor of Alaska and unsuccessful Republican vice presidential candidate in last week's election.

"Rightly or wrongly, the public seems to have taken a fancy to Palin and I would imagine she'd get more than either of them at this silly moment in our lives," said John Baker, the former editorial director at Publishers Weekly who is now an agent.

Agents and publishers say both Bushes and Palin would likely command multimillion-dollar advances but not as much as former President Bill Clinton, who received a $15 million US advance, believed to be a record for a nonfiction work. REUTERS

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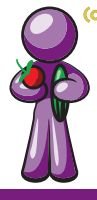
How to keep a full stomach on an empty wallet

When finances get tight, luxuries are the easiest and most obvious things to cut. However, what's not so obvious is how to cut spending on the essentials, such as food. But with the price of what we eat predicted to soar this year, it's well worth looking for ways to cut spending.

This year's increase could translate into hundreds of dollars for many families. The typical family of four spends more than $8,500 a year on food. Sharp increases in fuel and commodity prices take most of the blame, says the U.S. Department of Agriculture.

But there are many things a family can do to cut food costs that involve more planning than sacrifice. "The first one is start paying attention to what you throw away," says Beverly Mills, one of the authors of the cookbook, "Cheap. Fast. Good!" "The most expensive food you buy is the food you don't eat."

(continued online...)



To read more, visit lifestyle.yahoo.ca

News in brief

HAITI A two-story school partially collapsed in Haiti's capital yesterday and at least nine people were taken to hospitals, five days after another school collapse that killed 95 people, officials said.

WEIGHT A study has confirmed that simple measurements of the waist and hips may offer a better way of predicting obesity-related death than a standard system of relating weight to height.

MARRIAGE Gay and lesbian couples exchanged vows in Connecticut yesterday as the state became the nation's second to allow same-sex marriage.. REUTERS

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Comment & Views

Comment

Tories' portrait of contempt

Home&Abroad



Andrew Cohen

Canada & world insight

If we wonder why so few Canadians voted in the last federal election — a record low turnout — the reason may be how disdainfully their government treats them.

We need not agree with the government's decisions, but we are entitled to know why and how it makes them. Isn't that what democracy is about?

Consider the mysterious decision to cancel the Portrait Gallery of Canada, which was announced stealthily last week. The purpose of a national portrait gallery — which serious countries have — is to educate people, to display the past in pictures, to tell history through the images of those who create a country.

A year ago, the Conservatives announced they would invite bids from developers in nine cities to host the gallery, which was proposed for Ottawa by the Liberals in 2001. It was embarrassing, a country handing a public gallery to private developers and possibly moving it out of the national capital, but that isn't the point here. The point is the contempt it showed for Canadians.

Last Friday, the government announced it would not accept any of the bids. None met its criteria. So it cancelled the gallery entirely. It refused to reveal the bids or how they were judged, saying only that a gallery is now too expensive.

But what was most telling was the process here. James Moore, the new, highly regarded minister of Canadian Heritage, did not call a news conference, which would have been honest.

Instead, Moore's office issued a three-paragraph statement after hours on Friday, when everyone had gone home. His spokeswoman, Deirdra McCracken, said it wasn't ready earlier.

Issuing late news releases is an old trick. The idea is to play down an unpopular decision, ensuring that few people see it and discuss it.

Ask McCracken about this and her stonewalling has a Bambi-like innocence. Why, she even wonders — this is true — did she receive "so few calls from reporters" to speak to Moore, who made himself available to say the gallery would now cost $100 million rather than $44 million, without providing any evidence whatsoever.

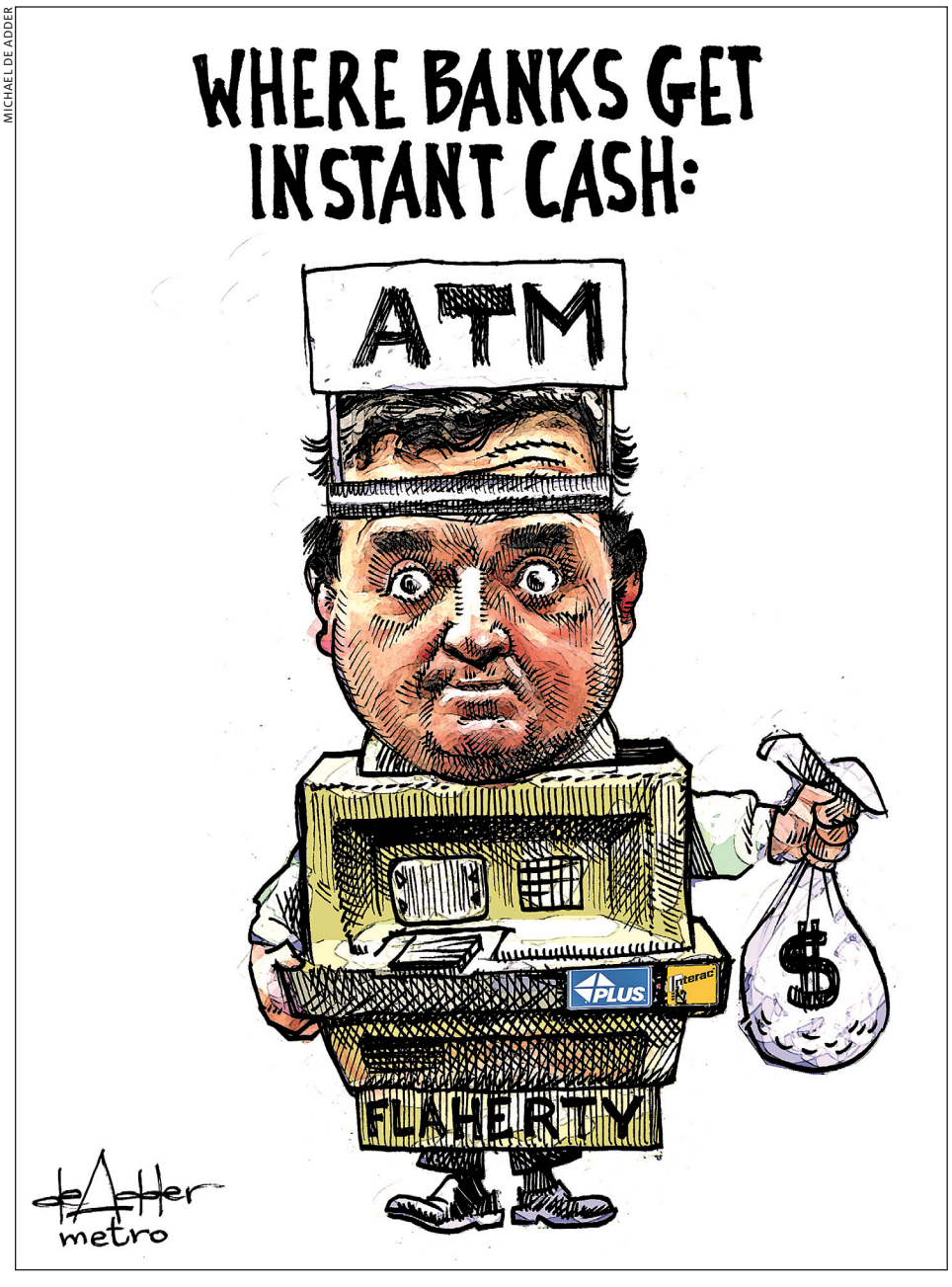
We can only guess that journalists were unaware of the opportunity to spend their Friday night chatting with McCracken, who surely could have delayed the urgent statement until Monday, and had her minister deliver it.

The reason for this little game? Limit debate. Avoid discussing a legitimate national enterprise seven years in the making. Treat voters like children.

Then wonder why so few vote.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.

MICHAEL DE ADDER



Views

An ode to average children

By KELLY SCHWARTZ



Kelly Schwartz

As I sit and listen to my son massacre one of several timeless left-hand-then-right-hand classics on the piano, six words immediately come to mind: "Wow! A prodigy he is not!"

But he is not entirely to blame for either his lack of skill or devotion to this parent-imposed ritual of daily aural abuse. I'm really just passing down another of the several rites of passage my parents did "to" me, and thus anything less than sitting and kicking the bejeepers out of the old upright piano for 30 minutes a day is better than I did at his age.

His lack of attention to excellence is compounded by the unseasonably warm autumn weather, which means he is missing one of several street hockey games that are calling his name much louder than the sweet notes of Cantina Band in Bb screaming awkwardly from his fingers. Both of us finally give in — and give up — and out the door he goes with stick in hand.

While I sit and ponder whether or not street hockey might be an Olympic sport by the time my son is ripe of Olympian age, I find myself struck with a mix of mild disappointment and peaceful resignation that my kids are (gasp!) average.

From what I can see so far, my kids are no Sidney Crosby, no Wesley Chu, no Miley Cyrus (whew!), and no Lauren Bay Regula (for women's fastball novices, she was the star pitcher on Canada's 2008 Olympic softball team). And guess what? The more I learn about kids and healthy development, the more you and I should be OK with that.

You see, our country, its families, and parents in particular need to be content with the fact that millions of our kids are simply average, normal, and just plain plain. Encouraging our kids achieve to their potential is one thing, but demanding that they be the best at everything is simply unrealistic. Our homes are not the set of a Hannah Montana episode (and thankfully sans mulleted fathers like Billy Ray Cyrus!), and real life means it's OK for our kids to just be kids.

As I put the piano books away I can hear the cheers from the street. My boy can go shelf on the shooter tutor like no other! Well, not really, but as far as average Sydneys go, he's pretty good.

Kelly Dean Schwartz (PhD social psychology) is a professor at the University of Calgary where he directs an on-campus clinic serving children and families.

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U.S. government sets rules to stop Internet gambling
The U.S. Treasury and the Federal Reserve issued a final rule yesterday to bar businesses from knowingly accepting payments connected to illegal Internet gambling, despite calls for a delay because of the problems it would cause banks. **REUTERS**

Business

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EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

THE DAILY BUSINESS BUZZ

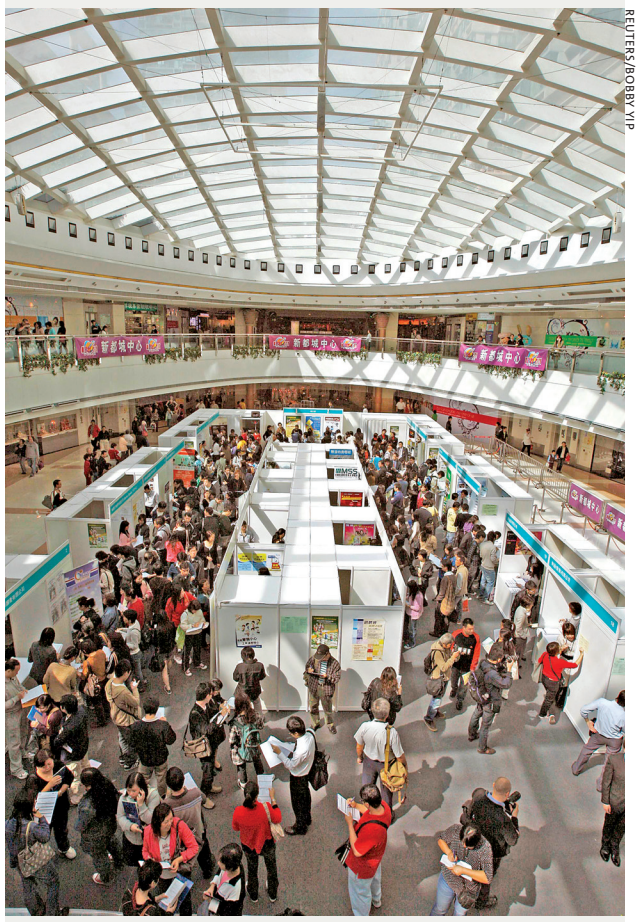
UARB adds board members:
Nova Scotia's Utility and Review Board is adding two new members after the province legislated the board should get some extra help. The UARB, which oversees liquor control, auto insurance, and power hikes, among other things, has an annual $5.9 million budget.

High Liner earns $10.9M:
High Liner Foods Inc. released its Q3 results today, reporting that net income increased to $5.4 million from $1.8. Sales came in at $149.4 million, and included growth of 72.0% in Canadian operations and growth of 248.9% in U.S. operations. Adjusted EBITDA from continuing operations of $10.9 million compared favourably with $3.9 million this time last year.

Creative economic stimulus:
Canadian governments should respond to the global financial crisis by using public financial institutions such as Export Development and the Business Development Bank to give firms alternative sources of credit, and by running short-term fiscal deficits to stimulate the slowing economy, the Conference Board said yesterday.

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Hong Kong **On the job hunt**


REUTERS/BOBBY YIP

Hundreds of job seekers crowd in front of booths at a job fair inside a shopping mall in Hong Kong yesterday. Job advertisements in Asia's financial centres Singapore and Hong Kong fell in the third quarter as the financial crisis spurred companies to cut costs, recruitment firm Robert Walters said on Oct. 30.

Canada buys $50B more in mortgages

The Canadian government will buy up $50 billion more in insured mortgages from banks as part of a series of steps announced yesterday to improve the availability of long-term credit.

The move came as U.S. Treasury Secretary Henry Paulson said he was backing away from buying troubled mortgage assets using a $700 billion bailout fund. Canadian officials said the key difference between the two approaches is that Canadian mortgages are not in distress.

Other measures taken by Ottawa yesterday included making it cheaper to use government insurance to guarantee bank borrowing, and loosening regulations for banks to allow them more sources of funding.

The Bank of Canada also set up a term loan facility to lend $8 billion to banks in four tranches, using their non-mortgage loans as collateral.

The measures, announced by Finance Minister Jim Flaherty, were aimed not only at easing the credit crunch but at ensuring that domestic banks are able to compete on an equal basis with those in other countries. **REUTERS**

Aid not needed

Canadian banks should be able to get through the financial crisis without massive government aid seen in other countries, TD Bank said, adding the feds are even making money on its mortgage buyback program.

Tighter credit rules to come

CREDIT Just as the federal government is moving to help keep lending flowing at Canadian banks, many customers are getting hit with higher credit costs.

Toronto-Dominion Bank toughened up key conditions of its credit-card agreements. The changes, effective Dec. 1, will drive up interest rates for most Visa customers who miss two consecutive minimum payments. Customers who take 30 days beyond the payment due date to make the minimum payment will pay interest at 24.75 per cent, a five per cent jump.

As of May, Scotiabank's "interest-free grace period for new purchases" was reduced from 26 to 21 days. The bank has also increased fees that apply to its Visa cards.

TORSTAR NEWS SERVICE

Business in brief

AIRLINES After struggling with sky-high fuel prices earlier this year, Air Canada said it faces declining air travel demand and a cash crunch. **TORSTAR NEWS SERVICE**

INTERNET Shares of Google yesterday fell below $300 US for the first time since 2005, as analysts predicted a weak advertising market. **REUTERS**

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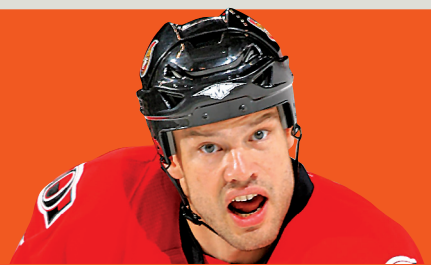
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MLB Network hires former Blue Jay, Reynolds
Former major leaguers Al Leiter and Harold Reynolds were hired yesterday as studio analysts for the MLB Network, which launches Jan.1. Trenni Kusnierek and former Rogers Sportsnet personality Hazel Mae were hired as reporters. METRO NEWS SERVICES

Sports



Ruutu suspended

Jarkko Ruutu is the latest NHLer to be disciplined for a dangerous hit. The Ottawa Senators forward received a two-game suspension yesterday after catching Montreal's Maxim Lapierre with an elbow early in the third period of a game on Tuesday night. METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Holliday trade to A's finalized

MLB The Oakland Athletics made the biggest trade of the off-season when they acquired slugger Matt Holliday from the Colorado Rockies yesterday. Closer Huston Street, left-handed pitcher Greg Smith and outfielder Carlos Gonzalez moved to the Rockies as part of the deal, the A's said on their official website. The 28-year-old Holliday entered the league with the Rockies in 2004 and is a three-times All-Star. Last season Colorado failed to make the playoffs after finishing third in the National League West, Holliday hitting 25 home runs.

Nets helping out jobless fans

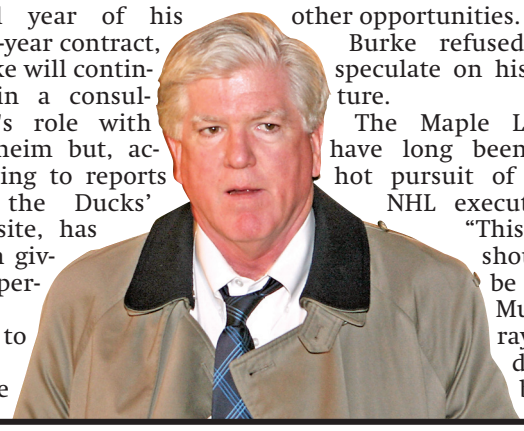
NBA The New Jersey Nets are offering free tickets to unemployed fans and will forward their resumes to corporate sponsors as workers grapple with the weak economy. The NBA team said yesterday it will offer unemployed fans tickets to five of its home games in November and December, as well as resume placement with its 120 corporate sponsors. "Unemployment is reaching all-time levels and our thought was how can we help those people," Nets Chief Executive Brett Yormark said in a telephone interview. A NBA official said it was the first time one of its teams has given free tickets to unemployed fans. The U.S. economy, which many economists agree is in recession, has hurt professional sports. NBA executives have said season-ticket sales were running behind last year's pace. REUTERS

Let the rumours heat up

Burke resigns as Ducks GM; where t.o. next?

Brian Burke stepped down as general manager of the Anaheim Ducks on yesterday, clearing the way for a much anticipated move to the Toronto Maple Leafs.

Burke, who is also general manager of the U.S. national team for the 2010 Vancouver Olympics, will be replaced by the Ducks' senior vice president of hockey operations Bob Murray. In the final year of his four-year contract, Burke will continue in a consultant's role with Anaheim but, according to reports on the Ducks' website, has been given permission to explore other opportunities.



Burke refused to speculate on his future.

The Maple Leafs have long been in hot pursuit of the NHL executive. "This should be Bob Murray's day but all speculation about what happens next we can do that at some other time," Burke told a news conference.

"I haven't gotten that far."

"Brian respectfully declined our contract extension offer last week," said Ducks' CEO Mike Schulman.

"With his support, we decided to make the transition at this time." REUTERS



REUTERS/MARK BLINCH

Andre Miller of the 76ers drives around the Raptors' Anthony Parker last night. Toronto lost 106-96.

Calderon leaves in loss

NBA RESULT

76ers 106 **Raptors** 96

76ERS VS RAPTORS

THE SKINNY: In a rematch of the season opener, the Raptors trailed by as much as 17 points early, ultimately falling by 10.

THE REAL CONCERN: Jose Calderon appeared to injure his right hamstring in the first half. He came out for the second half, but quickly left the game and headed to the locker room.

BRANDED: Elton Brand led the way with 25 points for Philly, while the Sixers' backcourt duo of Andre's Miller and Iguodala combined for 36.

THE BRIGHT SIDE FOR THE RAPTORS: Andrea Bargnani scored 11 points in eight minutes in the second quarter, galvanizing the Raps briefly with a big turnaround dunk. Chris Bosh added his usual double-double (30/12) as did Jermaine O'Neal (19/11).

NHL Tangling



BRUCE BENNETT/GETTY IMAGES

Brandon Dubinsky of the New York Rangers and Dainius Zubrus of the Devils fight last night. The Rangers won the battle of the Hudson River 5-2.

Sports in brief

HOCKEY Canadian women's hockey team captain Hayley Wickenheiser is sidelined for a minimum of six weeks with a right knee injury and doesn't know if her Swedish men's pro team Eskilstuna will want her back. Wickenheiser wouldn't reveal the nature of the injury she suffered in the Four Nations Cup final Sunday in Lake Placid, N.Y.

MLB Tampa Bay Rays manager Joe Maddon and Lou Piniella of the Chicago Cubs were named Managers of the Year for the American League and National League, Major League Baseball announced. Maddon's Rays reached the World Series for the first time while Piniella led the Cubs to the Central Division title with a 97-64 record.

CFL The Winnipeg Blue Bombers fired head coach Doug Berry yesterday. Winnipeg finished second in the East Division this season but with a mediocre 8-10 record. The Blue Bombers lost 29-21 to the Edmonton Eskimos in the East semifinal last Saturday. METRO NEWS SERVICES

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Cape Breton	15	6	1	31
Saint John	13	9	2	28
P.E.I.	10	10	3	23
Bathurst	10	10	5	25
HALIFAX	**7**	**15**	**0**	**14**

LAST NIGHT'S RESULTS

Rimouski 4 **HALIFAX** 2
Acadie-Bathurst 4 Montreal 0
Quebec 4 Cape Breton 2
Saint John 3 Gatineau 2

NHL

LAST NIGHT'S RESULTS

Buffalo 4 St. Louis 3
Florida 4 Tampa Bay 0
N.Y. Rangers 5 New Jersey 2
Phoenix 5 Columbus 2
Washington 5 Carolina 1
Boston at Chicago
Colorado at Vancouver



Rodman coming to town

Five-time NBA champion Dennis Rodman will be among the guests at the Canadian Progress Club's 37th sports celebrity dinner at the Cunard Centre on Feb. 5. Rodman will join Pro Football Hall of Famer Jim Kelly and Olympic gold-medal-winning kayaker Adam van Koeverden at the head table. **METRO NEWS SERVICES**

AUS Huskies edge Acadia



RYAN TAPLIN/METRO HALIFAX

Saint Mary's Huskies forward Colin Power watches as the puck gets past Acadia Axemen goalie Michael Chiasson during the third period of last night's AUS men's hockey game at the Forum. The Huskies beat the Axemen 3-2 with goals from Andrew Hotham, Cam Fergus and Justin Munden. In other action, the Dalhousie Tigers lost 3-1 to the St. Francis Xavier X-Men.

Flynn at home in Moncton

Coach/GM left NHL to build Wildcats; team yet to lose in regulation

MATTHEW WUEST
matthew.wuest@metronews.ca

When Danny Flynn walked away from his job as an assistant coach with the New York Islanders last year, he did it in large part because he wanted to build a hockey team.

These days, the Dartmouth native is the master architect behind the Moncton Wildcats, off to the best start in Quebec Major Junior Hockey League history (17-0-2) and listed No. 1 in the latest Canadian Hockey League rankings.

Flynn, Moncton's head coach and general manager, is applying the principles instilled in him in the 1990s by former Soo Greyhounds general manager Sherry Bassin.

"He put five Memorial Cup teams together, and he taught me an awful lot about how to build a junior hockey team," said Flynn, who won three Ontario Hockey League titles and a Memorial Cup as an assistant coach with the Greyhounds.

"He taught me to build through the draft and trade to fill the team's holes, and that's the plan we've used."

The Wildcats were one of the worst teams in the league in Flynn's first season at the helm, but it was all part of his blueprint.

He dealt the team's key veterans at mid-season in an effort to build for the future, and the future is now.

The Wildcats are getting it done with 10 rookies and are led by captain Matt Eagles, the son of 16-year NHL veteran Mike Eagles. Their success comes from balanced scoring, a team-first approach and strict adherence to Flynn's systems.

"We took that second half last year to play our young guys," Flynn said. "There were growing pains, but the younger players have progressed, we're a year older and stronger, and some talented rookies have helped the team come together."

The Wildcats weren't expected to be so good so soon, but after a hot start, Flynn will consider mid-season trades for a title run — especially if the Los Angeles Kings decide to reassign highly-touted Russian blueliner Slava Voinov.

"If we get him, and we're still going strong in December, we'll take a look at adding a player or two," Flynn said. "For now, we're really happy with our group."



MIKE DEMBECK/GETTY IMAGES

Danny Flynn is the architect behind the 17-0-2 Wildcats.

Top 10

CHL Moskaik MasterCard Rankings

1. Moncton Wildcats
2. Windsor Spitfires
3. Vancouver Giants
4. Shawinigan Cataractes
5. Calgary Hitmen
6. London Knights
7. Quebec Remparts
8. Tri-City Americans
9. Brampton Battalion
10. Spokane Chiefs

Mooseheads doubled up in Rimouski

MATTHEW WUEST
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QMJHL The Halifax Mooseheads' toughest road trip of the season got off on the wrong foot last night in Rimouski, Que.

The Mooseheads lost 4-2 to the Memorial Cup-host Rimouski Oceanic in their first of six games away from the Metro Centre and of a four-games-in-five-days road swing.

The Mooseheads got behind 2-0 in the first period and didn't recover, despite second-period goals from first-year forwards Charles Bety and Jessyko Bernard.

"We had two mistakes, two turnovers in the first period and both of them resulted in goals, but the guys didn't stop playing," Mooseheads head coach Cam Russell said.

"They kept coming. As a team, we gave a good effort all-around."

Goaltender Mark Yetman turned aside 24 shots as Halifax dropped to 7-15, tied for 15th in the QMJHL. Matt Boland, a 19-year-old winger, made his Mooseheads debut, coming back from a shoulder injury after being acquired off waivers in September. He recorded an assist.

"We had ... two turnovers in the first period and both resulted in goals, but the guys didn't stop playing."
Cam Russell

Tomas Knotek had an assist to extend his point streak to four games (four goals, five assists).

Rookie Ned O'Brien was scratched for the first time all season.

The Mooseheads are back in action tomorrow at 8:30 p.m. against the Baie-Comeau Drakkar.

They then continue the road trip, visiting the Chicoutimi Sagueneens on Saturday and the Quebec Remparts on Sunday.

Sports in brief

CURLING Mayflower's Mark Dacey is enjoying a great week at the Canadian mixed curling championship in Iqaluit, Nunavut. His Nova Scotia rink beat Northern Ontario 8-3 yesterday morning and British Columbia 10-4 in the afternoon to improve to 6-2. The round robin concludes tomorrow.

HOCKEY Sydney native and former Dalhousie Tigers head coach Fabian Joseph will serve as honourary captain for the Quebec Major Junior Hockey League in the ADT Canada-Russia Challenge in his hometown on Nov. 17.

HOCKEY Dalhousie's bid for the 2011 and 2012 University Cup CIS men's hockey championships launched its early-bird ticket package yesterday. Call 451-1221 for details.

CORRECTION Walter Moyse left the Halifax Rainmen because the team's practice schedule would not accommodate his part-time teaching job. He also incorrectly assumed the pay period started in December, not January. He is currently negotiating a contract with a pro team in Morocco. Incorrect information appeared in Wednesday's Metro. **METRO NEWS SERVICES**



Metro Homes

Virtual scrapbook

Instead of accumulating a bulky, disorganized file of your favourite home decor stories, consider switching to My Deco File, *mydecofile.dominomag.com*, a new online feature from Domino magazine that lets you assemble a virtual collection of photos that inspire you. METRO NEWS SERVICES

Choosing the most flattering décor colours

Clues to your colours

Beige or olive skin; dark hair; hazel or blue eyes:

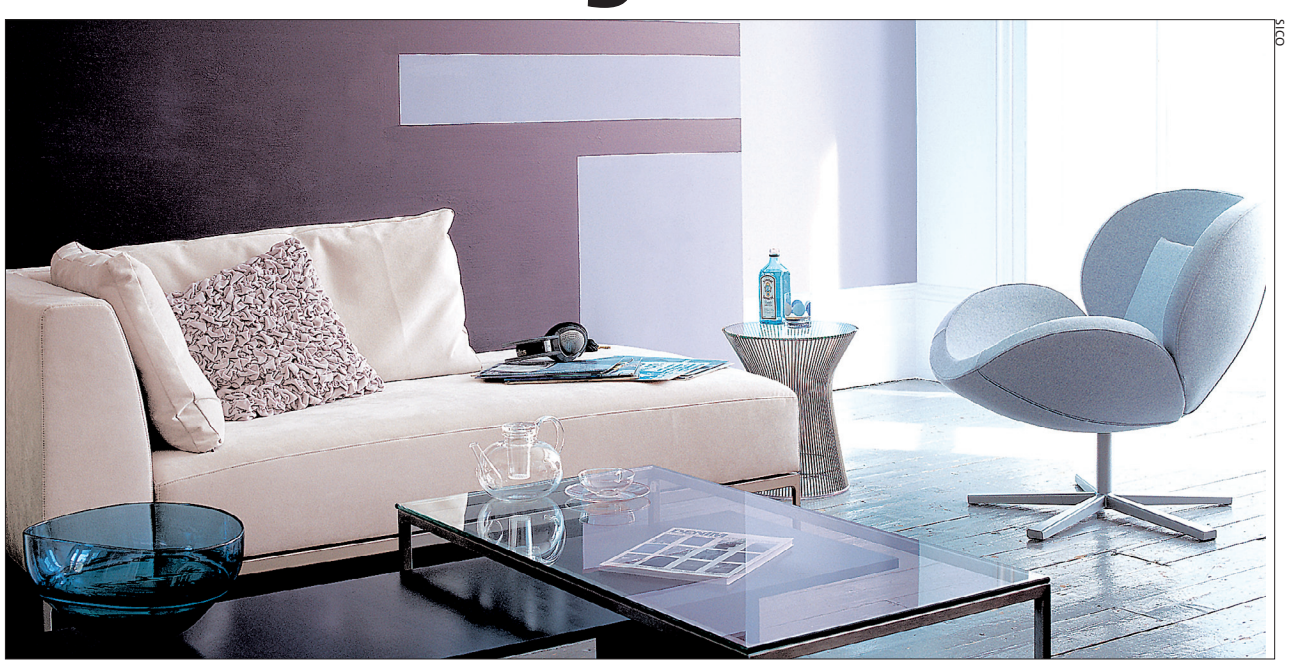
- These folks tend to look good in cherry reds, pinks and some corals, as well as navy blue and purple tones such as mauve and eggplant.
- Avoid some shades of medium to light blue because they can make beige skin tone look pale and washed out.

Golden or dark skin; dark brown or black hair:

- Look to olive green, red clay, peach and gold to copper tones. Teal blue can look great, as can a golden chocolate brown or beige.
- Reddish rosy shades look better than warm pinks. Unadorned dark "flat" shades in navy blue, dark purple, brown or black generally do not do justice to this type of complexion.

Fair skin; blonde, light brown or red hair; and blue or grey eyes:

- These people tend to look good against warm pinks with peach undertones. Any colour in warmed up tones, such as golden apricot, bronze or certain shades of brown usually looks good.
- Colours such as blue, green or violet will bring out blue, green or grey eyes. Black is flattering, particularly with blond or red hair. Beware yellow, especially with green tones.


SICO

When choosing your room's dominant colour, consider tones that compliment your skin tone. Purples and muted whites, in this room from Sico paint, will make just about anyone shine.

HomeScape



Sylvia Putz
sputz@arrestingdesign.com

When it comes to choosing colours for home décor, take a clue from your closet.

Most people understand that they look good in certain colours. For example, a dark blue sweater can beautifully emphasize blue or grey eyes.

A blouse in a rich shade of peach can give a lovely golden glow to darker skin tones. A scarf in a vibrant rose colour can put a lovely blush into cheeks and lips.

If you've got a concentration of any particular colour in your closet (and most people do), chances are that you do actually look smashing in that colour.

You have probably noticed or other people have complimented you on how that particular colour is good on you — it flatters your skin tone, hair and eye colour. Of course you'd have lots of items in your closet in that colour! Who wouldn't?

Not surprisingly, what works for clothing also works for decor.

"If you look good wearing a certain colour, the same applies to a room. If you surround yourself with that flattering colour, you'll look fabulous," says Jeffrey Fisher, designer and owner of Jeffrey Fisher Home.

If you're considering bringing a particular colour into your home, and you want to be sure it flatters your skin tone, just drape a fabric of that colour around your shoulders and consider the effect. It should make you look good, enhance your skin tone or bring out the sparkle in your eyes.

And if family members have different skin tones, drape the whole family. Luckily, certain colours are flexible and look good with several different types of skin tone.

You can paint walls in light shades of the flattering colour, or you could follow the advice of a thousand decorators — go for a neutral colour on the walls, and add pulses of flattering colour in smaller, but more intense concentrations.

Or focus on using flattering shades in rooms where skin shows, such as bathrooms and bedrooms. Think bed linens, towels, shower curtains and throw rugs, which can all help showcase what your mama gave you.

Also consider using your colours on throw pillows, throws on sofas, draperies, rugs and upholstery.

One sure bet, says Fisher, is an elegant light "blush, peachy, pinky" colour — especially in a candlelit dining room or bedroom — that makes everyone look beautiful.

Sylvia Putz is a journalist with an interest in home decor and design. She has written extensively for the TV show Arresting Design.

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AARON HARRIS/TOR STAR NEWS SERVICE

Townhouses for sale illustrate the national housing numbers released this week, as real estate economists dramatically change their market forecasts given predictions about the economy.

Realtor's group slashes forecast, citing outlook on economy, jobs

Given the turmoil in the global stock markets, real estate economists have been scrambling to revise forecasts made at a time when Lehman Brothers was still in business and big North American automakers weren't on life support.

What a difference a few months makes.

In August, the Canadian Real Estate Association forecast a 2.6-per-cent increase in national housing prices for 2008 and another 2.1 per cent next year.

CREA has just released a new forecast, calling for a 0.6-per-cent slide this year and a further 2.1-per-cent drop in 2009. "This is in line with the downward revisions of the Canadian economic and job growth forecasts," CREA chief economist Gregory Klump said yesterday.

A bigger-than-expected price depreciation and lower sales in British Columbia are expected to pull down the national average, Klump added.

The downgrade comes on the heels of another revision by Canada Mortgage and Housing Corp. last week. The federal housing agency said Ontario housing starts were originally forecast to hit 65,000 units next year, but revised that down to 62,000. Existing home sales, forecast to be 178,000 in 2009, were downgraded to 173,000.

"With a weak domestic economy and tighter lending conditions, we expect Canadian housing activity to slow notably further in the future," said Millan Mulraine, an economics strategist with TD Securities. Meanwhile, in a separate release Tuesday, the CMHC said Canadian residential construction declined by 3.1 per cent in October compared with a month earlier. Starts came in at 211,800 annualized units, greater than the expected 200,000 units, thanks to remaining strength in the condominium sector.

"With a weak domestic economy and tighter lending conditions, we expect Canadian housing activity to slow notably further in the future."
Millan Mulraine, TD Securities

TORSTAR NEWS SERVICES

Minimizing wintertime fire risk

SAFETY According to the Canadian Safety Council, every year about 400 Canadians lose their lives in an accidental household fire. In fact, it's during the fall and winter seasons that the number of deaths caused by accidental household fires are at thir highest.

Patrice De Luca of Reliance Protectron Security Services says one of the major reasons for this significant increase is windblown sparks from wood burning fireplaces and stoves. "You need to take every possible precaution to minimize the risks of fire when you have a natural wood burning fireplace," he added.

To prevent sparks from escaping and igniting vegetation near your house, cap your chimney with a 1-2" spark-arrested mesh. Store firewood and other combustibles away from your home, and keep the lid on your trash can. Windblown sparks can ignite an untreated roof, so when buying or renovating, make sure the roof is fire resistant. **NEWS CANADA**

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The original

Try this James Bond Martini recipe from Ian Fleming's first James Bond novel, Casino Royale: 3 oz gin; 1 oz vodka; 1/2 oz Lillet® Blanc wine. Pour gin, vodka and Lillet blanc into a cocktail shaker half-filled with cracked ice. Shake well, and strain into a chilled glass. Garnish with a twist of lemon. METRO NEWS SERVICES

Food

Pick up some great cocktail recipes such as Chocolate Martini, Hot Chocolate for Consenting Adults and Limoncello at Foodtv.ca.

Metro News Services



EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

On the tip of James Bond's tongue



À la carte

Barb Holland

Metro Food Writer

In the spirit of Bond mania leading up to the release of Quantum of Solace, let's look at an arena in which this sophisticated and suave agent would feel right at home — the cocktail party. Beautiful and bejewelled women, men in tuxedos and the mysterious allure of strangers.

"Every once in awhile you take a little bite of this and a little sip of that, and it hits just the right note," says Canadian wine educator Shari Darling, who calls this the "Moan Factor."

Darling is the author of a new cookbook, Orgasmic Appetizers and Matching Wines (Whitecap Books), a book that would certainly appeal to James Bond, who's made many a woman moan. These treats would also be a killer for a pre-movie, entertaining night for guests.

Virgin Cherries Stuffed with Goat Cheese

Darling recommends a brut sparkling wine with some lemon flavour for this recipe from her book. If you can find a small bottle of extra virgin olive oil infused with white truffles, it makes for a lovely drizzling oil for this easy and classy hors d'oeuvre. Makes 24.

INGREDIENTS:

- 24 large cherry tomatoes
- 4 oz (125 g) fresh goat cheese (chevre)
- Salt and pepper
- 24 tiny fresh basil or oregano leaves
- White truffle oil or extra virgin olive oil

METHOD:

Wash and dry tomatoes, cut a small slice off bottom of each tomato to sit flat (be careful not to break through tomato). Slice a thin portion from top of each tomato. Using a melon baler, scoop out the flesh, being careful not to break the skin.

To make the filling, combine goat cheese, salt and pepper to taste until smooth. Fill each tomato with 1 tsp (5 mL) mixture. Garnish each with basil or oregano leaves. Drizzle each with a little olive oil. Cover and chill.



Canadian wine educator Shari Darling recommends a brut sparkling wine with some lemon flavour for these Virgin Cherries Stuffed with Goat Cheese.

Chicken and Mango in Crisp Wonton Cups

Both the cups and the filling can be made ahead. Assemble this Asian flavoured appetizer just before serving. Makes 32.

INGREDIENTS:

- 32 wonton wrappers (1-400 g package)
- 1 lb (500 g) boneless, skinless chicken breasts
- 1 ripe mango, finely diced
- 1/2 red pepper, finely diced
- 2 green onions, finely diced
- 1 tbsp (15 mL) minced fresh ginger
- 1 clove garlic, minced
- 1 tbsp (15 mL) each hoisin sauce and chili garlic sauce
- 1 tsp (5 mL) soy sauce
- Salt and pepper
- Cilantro leaves

METHOD:

Preheat oven to 350°F (180°C). Push a wonton wrapper into each cup of a muffin pan and bake 5 to 7 minutes or until golden and crisp. Remove cups to a wire rack to cool.

Continue with remaining wrappers, cool then store in an airtight container for up to 2 days.

Grill, bake or broil chicken breasts until cooked. Cool then dice into small cubes.

Combine chicken, mango, red pepper, green onion, ginger and garlic. Stir in hoisin, chili garlic and soy sauces.

Season to taste with salt and pepper. Filling can be made up to one day ahead, covered and refrigerated.

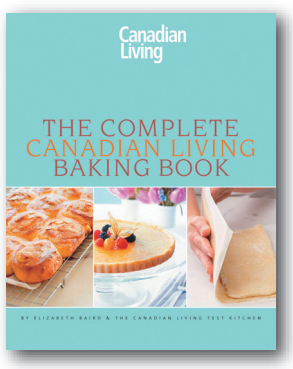
To serve, warm filling in microwave briefly to room temperature and spoon into cups just before serving. Garnish with cilantro leaves.

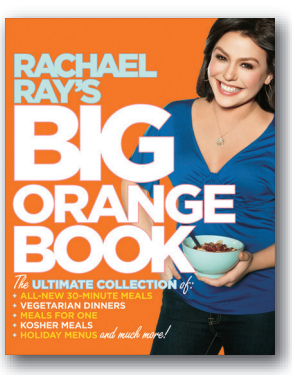
Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

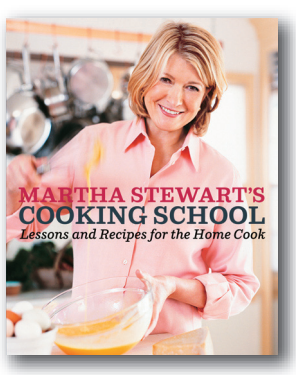
Invite the best celebrity chefs into your kitchen

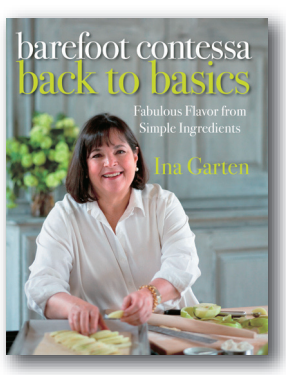
Make sure your pantry is filled with this season's hottest cookbooks.

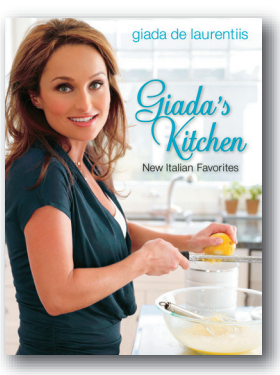


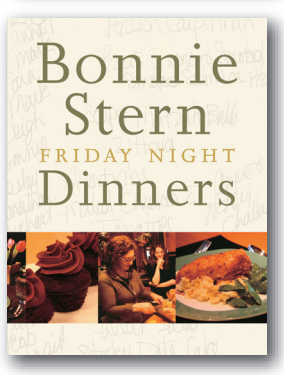














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Target in new fashion push
Target Corp is launching a new fashion program aimed at collaborating with established designers, and the discount retailer will kick off the initiative in March with an apparel line by Alexander McQueen. REUTERS

Style



A convenient touch of Happy

Rushing from the office to a party and in need of a quick touch up scent? Try Clinique's Happy-To-Go set, which includes three portable fragranced pencils (4.8g) that can be used to glide onto the wrist or neck. Encompassing two main notes, citrus and floral, the pencils come in three scents: Wealth of Flowers, Hint of Citrus and Clinique Happy. The set retails for $37 and comes with a convenient pencil sharpener. Available in limited edition at Clinique counters across Canada. METRO NEWS SERVICES

EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

Holiday hot

Seven key make-up tips from experts

JANINE FALCON
for Metro Canada

In the upcoming whirlwind of festive engagements, you need a variety of beauty options. Paul Venoit, celebrity makeup artist and CoverGirl makeup pro, and Joli Baker, president of Pür Minerals, share their party-pretty advice to take you through the season:

1) Great-looking skin is where everything starts. "Don't overdo it, though," says Venoit, who recently appeared on the Rachel Ray show to help transform a viewer from everyday blah to Nicole Richie hot. "Let your skin show through. Apply a little concealer and foundation and, for extra holiday glam, use a large natural bristle powder brush to set with light mineral powder."

2) "My favourite holiday party looks always involve a bit of glimmer," says Baker. "Gold or silver on the eyes, a beautiful shimmer on the lips... and don't forget the body." Baker likes a dusting of glow powder on arms, back, legs and décolleté. "It's absolutely sexy."

3) "Highlight the tops of the cheekbones, the brow bones, the inner corners of the eyes and the bow of your lips," says Venoit. "Reflect that evening light!"

4) Baker's smokey eye tip is ultra-quick; keep it in mind when you have to zoom from work to drinks, dinner or the office party. "Use an eyeliner brush to smudge black or navy shadow over your existing liner," she advises.

5) Give dark smokey eye makeup a twist with an unexpected colour hit. "Line inner rims with an eye liner shade that pops — turquoise, teal, violet or green," suggests Venoit. Or go for coloured shadow and line rims with black.

6) Winged liner is another hot look. Venoit recommends using black liquid liner pen, then adding intensity with a wet angle brush and black eye shadow. "Use short strokes to line across the base of the upper lashes, and exaggerate a bit at the end with a little flick up at the outer corner of your eyes," he says.

7) Support bold eyes with rosy nude or gold gloss for subtle sexiness on your lips. If you're rocking gold or silver eye makeup, ramp up the focus on your lips with rich, red gloss or a sophisticated deep red or berry lipstick.

Last, "Don't be afraid to add more drama than you would use during the day," says Baker. Venoit is of the same mind. "This is the time to play," he says. "Bring out your inner Diva, dahling!"



LEFT: Estée Lauder Limited Edition Shimmering Jewel Powder, $37.



RIGHT: YSL Rouge Volupté lipstick in Red Taboo, $38.



ABOVE: Pür Minerals Holiday Eye Palette, $25



Go for Nicole Richie glam with bold eyes and a gold gloss.

GETTY IMAGES







ABOVE, L-R: Pür Minerals Holiday Specialty Powder Palette, $39.50, CoverGirl LineExact Liquid Liner Pen, $6.99, and CoverGirl TRUblend Naturally Luminous Loose Powder, $13.99.

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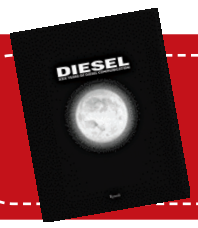
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It's tier time for garments

Style File



Kim Elbo
kim.elbo@metronews.ca

ask kim

My go-to mascara is always Great Lash by Maybelline but now I'm looking for something new. Have any suggestions?

This December, Lancôme will be coming out with a new oscillating brush that will help with fully coating your lashes ($29). If you're looking for something less expensive, try the Double Extension beauty tubes by L'Oreal for $15. Or try it all with the Lash Stash by Sephora, a 10-piece mascara kit that includes my favourite: Kiss Me mascara.

E-mail your style questions to *kim.elbo@metronews.ca.*

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



Staggered Tiers
Designer: Wilfred
Shop: Aritzia
Address: Various Locations
aritzia.com

tiered skirts

The look this holiday season is all about the tiered skirt — a series of uniform or staggered layered fabric resembling petals on a flower. What's more, tiered skirts are going mini and they look as flattering as ever. Short skirts give you longer legs, and when paired with the right stockings look chic and stylish. So keep an eye out on tired dresses and tanks, as the trend is here to stay.



Petal Tiers
Designer: Club Monaco
Shop: Club Monaco
Address: Various locations
clubmonaco.com



Drop Waist Tiers
Designer: Grace Sun
Shop: Violet
violetboutique.ca

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yummie tummie

The Yummie Tummie tank is a body-contouring shaper that slims your midsection.

"I wish that I would have known about this when I had my children because it kind of sucks it all in and keeps it nice."
- Heidi Klum



Yummie Tummies come in 10 colours and, unlike other body shapers, are meant to be seen. Yummie Tummies were featured on Oprah's Top Picks.

Must-have trends from around the globe



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Crowe may replace Ledger in Dirt Music
Actor Russell Crowe is in talks to replace late actor Heath Ledger in director Phillip Noyce's Dirt Music. Noyce's film is an adaptation of the Tim Winton novel about a couple in a loveless relationship. **IMDB.COM**

Entertainment



Rock respect
Soul diva Aretha Franklin has been named the greatest singer of the rock era in a Rolling Stone magazine poll.
BBC NEWS ONLINE

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

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Skipping a generation

Serena Ryder album likely to appeal to more mature fans

MusicReviews
music@metronews.ca

Serena Ryder

Album: Is It OK
Label: EMI
Rating: ●●●●



ON HER LAST CD, If Your Memory Serves You Well, this 24-year-old Peterborough native proved her three-octave voice can blow the socks off just about every other young singer in the country. She took some undeserved flack, though, for recording an album of Canadian covers. On her third album, Is It OK, Ryder shows she can write with the same kind of muscle that drives her voice, moving easily from bluesy folk to passionate power rock. Unfortunately, Ryder's rootsy vocal stylings will likely appeal more to her parents' generation than her own.

Graham Rockingham/for Metro Canada

Quantum of Solace

Album: Film Score
Label: J/Sony BMG
Rating: ●●●●



I HAVEN'T SEEN the new James Bond film, but after listening to David Arnold's score, I don't have to. Intense blasts of violins and bass on The Palio signal a hurried chase, while slow, sweeping builds on Greene & Camille mean a cautious Bond is peering around a corner. While the music is predictable, it still sounds fresh, even though it's rooted in '60s spy music. It's not all swelling sounds though, the disc also includes Alicia Keys and Jack White's inventive fuzzy R&B-meets-classic 007 collaboration. Don't be surprised if you start visualizing your own Bond film when this disc is on.

Bryan Borzykowski/for Metro Canada

T-Pain

Album: Thr33 Ringz
Label: Jive/Sony BMG
Rating: ●●●



IT TOOK A while for T-Pain to be taken seriously in the urban circles, but now, three years after his debut, he's one of the most sought after rap/R&B practitioners around. On his latest the dreadlocked Floridian does something many rappers avoid — singing about heartbreak and love. Musically, he tones things down a bit, but his famous auto-tune is in force on nearly every song.

Bryan Borzykowski/for Metro Canada

Seal

Album: Soul
Label: Warner
Rating: ●●●½



LAST NIGHT MY 10-year-old son asked me to explain the meaning of R&B. A debate had been raging in the school yard. It's understandable, considering all the junk that's sold as R&B. Luckily, Seal's superb new CD of old school covers had arrived. "This is R&B," I said. He liked the James Brown and Curtis Mayfield tracks. He danced to Knock On Wood and sensed deeper meaning in the Sam Cooke classic, A Change Is Gonna Come. By the end he was almost convinced Seal has a better voice than Kanye. There is hope for the future.

Graham Rockingham/for Metro Canada



EMI MUSIC

On her third album, Is It OK, Serena Ryder shows she can write with the same kind of muscle that drives her three-octave voice.



WIN TICKETS

Here's your chance win 1 of 45 passes to see an advanced screening of FOUR CHRISTMASES on Nov. 24 at Parklane Theatre, 7:00pm. To enter click on ★ WIN at metronews.ca Four lucky winners will take home a great HASBRO® board game too! MONOPOLY®, TABOO®, PARTINI™, CRANIUM®

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In theatres Wednesday, Nov. 26, 2008.

No purchase necessary. One entry per person. Contest open to Nova Scotia residents of legal age. Contest closes November 18 at midnight. Odds of winning depend on the number of entries received. Winners will be notified by email.





Obama daughters not asked for Montana appearance

The Hannah Montana show has not asked U.S. President-elect Barack Obama's two young daughters to appear on the Disney TV series, a source within the Obama camp says. **USMAGAZINE.COM**



Left: Lexi Ottenbrite (from left), Logan Atkinson, and Melissa Peterson (birthday girl) celebrate TWICE at the Charlie A'Court birthday bash.

Right: Brad Steeves and Meghan Read at the NSLC Ceilidh.



Birthdays, fine whiskey and a top-notch fundraiser

HalifaxScene



Jamie Paterson



Above: "Little" Derek Caine with Gary Barkley at the Charlie A'Court birthday bash.



Above: Birthday boy Charlie A'Court with new bride Emily at the Stayner's Wharf. Below: Natasha Benigno and Melissa Edwards at the Alehouse.



It was back to school for your man on the scene this week. Thursday saw a unique tasting opportunity at Pier 21 as the NSLC held their version of a ceilidh. I, of course, attended the event to learn and appreciate the finer aspects of single malts, whiskies, rums and liqueurs. In other words, Thursday was a cab night for yours truly. With more than 100 products to sample, this was the event for both spirit lovers and taxi drivers.

Since my birthday is just a few weeks away, I better mention my fondness for a certain 1969 Scotch that's a bargain at just under $800 a bottle.

The Molson Give-R usually happens on the last Friday of each month, but Halloween waits for no one. The last Friday of October the Give-R was put on the back burner so we could all dress up like freaks and parade around the city.

Meanwhile, the fundraiser quietly bided its time and made its appearance last week with a big ol' bash at the Halifax Alehouse.

The usual suspects were there from Molson, Q104 radio, and the Dartmouth Pigdogs Rugby team, in addition to a large group of partiers from parts unknown. This month's proceeds went to the United Way in support of the good work it does in our community.

There was a double celebration for Charlie A'Court Friday night at Stayners Wharf.

His 30th birthday bash also served as a chance for friends and fans to wish him well with married life. Just a few days earlier, the much-loved musician walked down the aisle with his sweetheart Emily Csukly.

Todd Abbass from Stayners printed up limited edition Charlie A'Court birthday trading cards, which were handed out to the crowd. Charlie himself later signed a few of those cards. I managed to snag a "rookie card" showing a very young Charlie clutching an electric guitar.

It now holds a place of honour in the Paterson house between the Sidney Crosby picture and the Trailer Park Boys pink flamingo (don't ask).

The birthday party kicked into high gear when Charlie took the stage, and the celebrating went on into the wee hours. That old married man can still put on quite a show!

Derek Caine of Simmons Mattress Gallery fame (a.k.a. "Little Derek" of the Haemo Blues Band) reminded me that Leukemia Live goes country tonight at the Rodeo Lounge. Tickets are $30.00 with 100% of the proceeds going to help Leukemia patients at the QE2.

A Leukemia patient himself, Derek and his musical friends have been raising money through concerts and CD sales for the less fortunate who may need some financial assistance in their fight for life.

If you can't make it tonight, you can still help Derek's cause by purchasing a CD online at www.oceanblues.ca.

Believe it or not, the holiday party season is already here! If you're planning the ultimate Christmas, Hanukkah, Kwanzaa or other bash, I would love to hear from you. E-mail me at beatlejamie@eastlink.ca and your scene may be in The Scene.

When he's not making the Scene, Jamie Paterson hosts The Drive and The Beatlebrunch on KOOL FM in Halifax

Smelling the truth about Tony Sirico

IntelleVision



Rick McGinnis

rick.mcginnis@metronews.ca

BUT ISN'T THAT THE POINT? Tony Sirico's Paulie Walnuts was one of the best characters on HBO's The Sopranos – twitchy and volatile, constantly on the verge of a psychotic episode, he was a soothing reminder that, with guys like this around, the long term viability of the mafia would always be in doubt.

Not content with a character actor's career, Sirico has apparently put his name on a new cologne – Paolo Per Uomo – that's gotten a fairly scathing review from the New York Post, who took it out to Time Square to test out on New Yorkers.

"A few more whiffs – and we sensed top notes of cigar ash and polyester jumpsuits with hints of stripper sweat..."
A New York Post review of actor Tony Sirico's new cologne

"It reminds me of a hard night," said one young woman.

"At first whiff, we were sipping wine with Tony and Big Pussy at the Bada Bing," wrote the Post's Raahkee Mirchandani, obviously warming to the task. "A few more whiffs - and we sensed top notes of cigar ash and polyester jumpsuits with hints of stripper sweat and a cream-filled cannoli."

Paolo Per Uomo was unveiled at the Perfumers Choice Awards in Manhattan, and will be joined by an aftershave and deodorant, according to Sirico, though there's no news about whether they'll also smell "like every lasagna-loving, spaghetti-slurping mob-boss wannabe or cheap imitation consigliere," as per the Post's description.

Evocative words, no doubt, but you have to wonder who'd buy the stuff if it didn't.

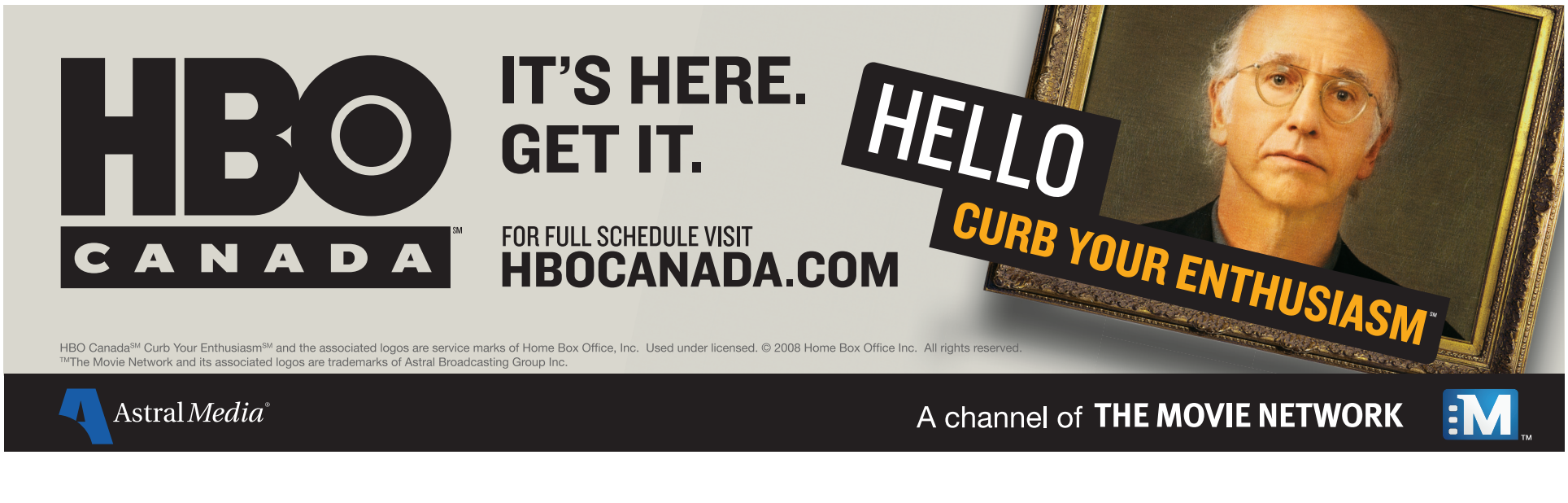
LIKE JACKASS FOR STUPID PEOPLE...DID I JUST SAY THAT? Human Wrecking Balls is a new show on the G4 network in the U.S., where a pair of brothers demonstrates how to tear things apart using just their bare hands, shoulders and bodies, accompanied by the odd guest star, like the Danzig bassist who helps them wreck a hotel room.

"An office, an '80s muscle car and a small airplane" are all the victims of the Pumphrey brothers' unique skill set, according to a USA Today story, while experts like a structural engineer describes "the strength of the items being destroyed and the force needed to pulverize them."

This and a few cases of Red Bull could have a ripple effect on apartment leases and struggling relationships all over the country, if I know anything about young men with too much time on their hands.

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Metro's Global Photo Challenge has drawn nearly 60,000 entries from Canada and abroad. Vote for your favourite online at **metronews.ca/photochallenge.**



Scrooge returns to Halifax

PHILIP CROUCHER
philip.croucher@metronews.ca

Halifax's Jeremy Webb calls his one-man production of Charles Dickens' A Christmas Carol a performance for everyone. He said children love it, and so do adults.

"Kids love the show because of the puppets and getting to watch the silly man get his come uppings," Webb said. "And adults love the show because there is a lot of humour aimed at them."

After successful runs in 2003 and 2005, Webb is bringing back his A Christmas Carol show to the Neptune Studio Theatre with opening night set for Nov. 28. Webb held a press conference yesterday at Freak Lunchbox in Halifax to announce details about the show, which sees the Halifax actor play about 20 characters, including Ebenezer Scrooge, Bob Cratchit and Tiny Tim.



PHILIP CROUCHER/METRO HALIFAX

Halifax's Jeremy Webb stars as Ebenezer Scrooge.

"There's a lot different about the play this time," Webb said in full Scrooge attire. "Apart from the physical stuff like an enhanced set and puppets … there is also an added performer for the show (actor/circus performer Kristin Langille), who will be doing some amazing work, which I can't tell you about because it's going to ruin the surprise."

A Christmas Carol will run at Neptune from Nov. 27 to Dec. 4 then again from Dec. 16 to 27. In-between, Webb will tour the play at various Nova Scotia schools, and at theatres in Sackville, N.B. Lunenburg and Wolfville. As well, Webb has several local businesses sponsouring six matinee shows at Neptune for local students.

Tickets are $18.50, plus HST, and can be purchased by phoning 429-7070 or at bahhumbug.ca.

Entertainment in brief

SYMPHONY The Chebucto Symphony Orchestra begins its 34th season tomorrow with a concert titled In Memoriam, Jan Wicha at St. Matthew's United Church on Barrington Street at 8 p.m. Tickets are $15 and $10. They are available at the door.

THEATRE The Dalhousie Theatre Society presents Durang Durang, an evening of one-act plays by Christopher Durang tonight through Saturday at the David MacK. Murray Theatre. Tickets are $10 for general admission and $5 for students.

MUSIC The Song Project with Erin Costello and A Love Upstream take place tomorrow at 8 p.m. and Saturday at 2 and 8 p.m. at 1313 Hollis. The Song Project aims to revitalize the art of musical arranging. Tickets are $10 in advance and $15 at the door. METRO HALIFAX

PICK UP METRO ON NOVEMBER 17



FOR THE SPECIAL JAMES BLUNT GUEST EDITOR ISSUE!

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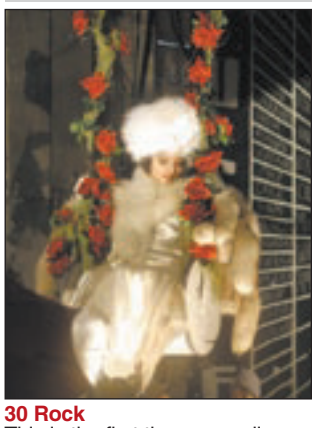
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HA		H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/13/08 primetime		31	31	31	News (N)	ABC Wld News	Patriots All-Access		NFL Football New York Jets at New England Patriots. (Live)				
		7	7	7	The Road to Avonlea		Instant Star	TMZ (N)	Medium "Head Games"		America's Next Top Model		Eleventh Hour
		11	11	11	Coronation St.	Jeopardy! (N)	The Nature of Things (N)		Doc Zone (HDTV) (N)		CBC News: The National		The Hour
		2	2	2	Terre humaine	Pyramide (SC)	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)		Grosse vie (N)	C.A. (N) (SC)	Le Téléjournal
		32	32	32	News (N)	Evening News	The Insider (N)	Entertainment	Survivor: Gabon (N)		CSI: Crime Scene Invstgtn.		Eleventh Hour
		69	69	69	TVA 18 heures	Le Cercle (SC)	La Fièvre de la danse (SC)		Occupation double			Vlog (SC)	TVA 22 heures
		6	6	6	Entertainment	ET Canada	Life on Mars (HDTV) (N)		Survivor: Gabon (N)		The Office (N)	Billable Hours	News (N)
		9	9	9	etalk	Dance	ER "Heal Thyself" (N)		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		News (N)
		10	10	10	(6) EastLink Television				Podium TV		EastLink Television		
		36	36	36	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Kitchen Nightmares (N)		Kitchen Nightmares (N)		Fox First
		12	12	12	News (N)	NBC News	Hollywood	Extra (N)	Name Is Earl	Kath & Kim (N)	The Office (N)	30 Rock	ER (N)
		29	29	29	World News	Business	CBC News	Newman	The Hour Teri Horton.		CBC News: The National		Adventurers
		4	4	4	NewsHour With Jim Lehrer		Greater Boston	Basic Black	Pioneers of Television		The Adirondacks		
		35	35	35	NewsHour With Jim Lehrer		Business Rpt.	Worldfocus	This Old Hse.	Hometime	Ask This Old	Michigan	Spain-On Road
		68	68	68	(6:30) Le Retour (SC)		Rire et délire	Loft Story	*La Spirale infernale* (2007, Drame) Sara Paxton, Nancy Travis.				110 pour cent
news		23	96	96	Business News	Headline	Market Call	Commodities	GetConnected	Business News	Squeeze Play		Market Call
		18	18	18	(5) The Situation Room		Lou Dobbs Tonight		Campbell Brown: No Bias		CNN Presents "Escape From Jonestown" (N)		
sports		54	54	54	Post Game	Golf Central	LPGA Tour Golf Lorena Ochoa Invitational -- First Round.					Golf Central	Lessons
		52	52	52	Prime Time Sports		Overtime	NHL Hockey New York Islanders at Ottawa Senators. (HDTV) (Live)					Sportsnet Con.
		55	55	55	Hockey Talk	Game On	Score on NFL	College Football Virginia Tech at Miami. (Live)					
		45	45	45	NASCAR Confidential		NASCAR Racing: Truck Series		This Week in NASCAR (Live)		Pinks -- All Out (HDTV)		Wrecked
		53	53	53	Off the Record	SportsCentre	That's Hockey!	Madden Nation	NFL Football New York Jets at New England Patriots. (HDTV) (Live)				
family		43	43	43	Zoey 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Naturally Sadie	Han. Montana	Life Derek	Ned's School
		44	44	44	6teen	Total Drama	George-Jungle	Bugs Bunny & Tweety Show		Wayside	Johnny Test	Futurama	The Critic
		26	26	26	Max & Ruby	Backyardigans	Ni Hao, Kai-lan	Nght Grdn	Toot & Puddle	Franklin	Little Bear	Maggie-Beast	Comfy Couch
		27	27	27	Drake & Josh	iCarly	H2O, Just Add	Prank Patrol	Malcolm-Mid.	Sabrina-Witch	Futurama	Prank Patrol	Mystery Hnt.
cable variety		16	16	16	Cold Case Files (HDTV)		CSI: Miami (HDTV)		The First 48 "Silenced"		The First 48 (HDTV)		The First 48
		70	70	70	News		Suaangan (N)	Wapos Bay	By the Rapids	renegadepress	*The Matrix* ★★★ (1999, Science Fiction)		
		50	50	50	106 & Park: BET's Top 10 Live				*Wu: The Story of the Wu-Tang Clan* (2007, Documentary)				Gangster
		37	37	37	Street Legal "Murder"		Desperate Housewives		Snapshot	In the Mind ...	*The Saddest Music in the World* (DVS)		
		25	25	25	Paul Brandt-Heroes		CMA Awards Red Carpet		The 42nd Annual CMA Awards (HDTV) (Live)				
		49	49	49	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	VIP
		153	153	153	Truth, Duty, Valour		The Investigators		Cops Uncut	Dumb Criminal	Navy SEALs: Untold Stories		Investigators
		38	38	38	How It's Made	How It's Made	Daily Planet (N)		Science of Interrogation		True Stories: James Bond		MythBusters
		34	48	48	Holmes on Homes		House Hunters	Property Virgin	Holmes on Homes		The Fix	Disaster DIY	Home to Flip
		46	46	46	Bloody Italy		NCIS "Forced Entry"		Battlefield Mysteries		Battlefield Mysteries		NCIS
		17	17	17	Pimp My Ride	On Set: T.I.	Meet Barkers	disBand	Instant Star	Instant Star	Video on Trial	Instant Star	50 Cent-Money
		19	19	19	MusicProfile	mmmtop10.com		Back In	Freddie Mercury: Magic		Listed		Gene Simmons
		201	201	201	(6) *Hollywoodland*		(8:15) *Botched* (2007, Suspense) Stephen Dorff.				*Reservation Road* ★★ (2007, Drama)		
		48	23	23	The Amazing Race 5		Ed's Up	Videos	Commando: On the Front Line		Survivorman		Pilot Guides
		51	51	51	Seinfeld	Friends	House-Payne	House-Payne	Friends	Friends	Friends	Friends	*Cliffhanger*
		206	206	206	(6:40) *The Pathfinder*		(8:15) *Buck and the Preacher* ★★★ (1972, Western)				*Octopussy* ★★★ (1983, Action)		
		67	67	67	RDI en direct	RDI en direct	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct
		39	39	39	EastEnders	Spaced	Painkiller Jane		ReGenesis (HDTV)		Trailer Park	Trailer Park	Saving Grace
		40	40	40	Matchmaker	Til Debt-Part	End of Leash	ET Canada	Rich Bride, Poor Bride		X-Weighted "Kristi"		Biggest Loser
		47	47	47	Stargate SG-1 (DVS)		Lost "Maternity Leave"		Star Trek: Voyager		Battlestar Galactica		Chuck
		14	14	14	CSI: NY		CSI: NY		CSI: Crime Scene Invstgtn.		TNA iMPACT! (HDTV) (N)		
		57	98	98	FashionTele	Look-A-Like	The Ellen DeGeneres Show		TMZ (N)	etalk	Look-A-Like	eTalk: Corner	Tonight Show
		21	21	21	What Not to Wear		Overhaulin' (HDTV)		American Chopper		American Chopper		LA Ink
		56	34	34	Make or Break	Naked Fashion	Beverly Hills, 90210		Make or Break	What Happen?	Family Guy	Seinfeld	Seinfeld
		20	20	20	Que.-champion	Journal de Fr2	Toute une histoire		Club social		Envoyé spécial		
		28	28	28	Jozi-H (DVS)		Murder, She Wrote		Wait for God	Keeping Up	*Sergeant York* ★★★★ (1941, War)		
		60	97	97	Mysterious Ways		Judging Amy		Commander In Chief		The West Wing		Passion
		22	22	22	House	Style by Jury	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design
		251	251	251	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Smallville "Abyss" (N)		Supernatural (HDTV) (N)		WGN News

critics'corner

The Saddest Music in the World
Isabella Rossellini stars in this offbeat 2003 musical comedy as a beer baroness in 1930s Winnipeg. She offers $25,000 to whoever can produce the world's most melancholy melody, drawing contenders from all over the globe, including a washed-up Broadway producer (Mark McKinney, "Kids in the Hall") and his brother (Ross McMillan), who's posing as a Serbian cellist. 10 PM on BRVO



30 Rock
This is the first time we really want to be Jack (Alec Baldwin). Liz and Jenna's (Tina Fey, Jane Krakowski) friend Claire (guest star Jennifer Aniston) randomly shows up in New York and falls for Jack at first sight. Then Tracy (Tracy Morgan) tries to cheer up Kenneth by turning one of his dreams into a reality. Hint: It involves the cast of "Night Court." 10:31 PM on NBC

ER
He's looking pretty fly for a dead guy. The long-running drama's 15th and final season is all about blasts from the past. In this new episode, it's the return of Anthony Edwards, whose character, fan favorite Dr. Mark Greene, succumbed to a brain tumor in 2002. 11 PM on NBC



Sandler has another sequel

Adam Sandler and his wife have welcomed their second child, the comedian has announced. "Jackie and Adam had a beautiful baby girl, Sunny Madeline on Nov. 2," Sandler posted on his website. "Everyone is happy and healthy." **PEOPLE.COM**

Celebrity Buzz

Will Brangelina add to the brood?

FAMILY Actors Angelina Jolie and Brad Pitt are reportedly eager to adopt a child from South America, but they are finding it difficult to negotiate the complicated adoption laws, femalefirst.co.uk reports.

The couple already has three adopted children: Maddox, 7, Pax, 4, and Zahara, 3. They also have three biological children: Shiloh, 2, and baby twins Knox and Vivienne.

"We've thought about South or Latin America, but it's very complicated," Jolie says. "Brad and I aren't married, so, as a technically single woman, there are lots of countries I can't adopt from. And, as a technically single man, most countries wouldn't allow Brad to adopt at all. Some countries won't let you adopt a child if you already have a child of the same gender at home."



METRO NEWS SERVICES

Aniston says mind your own business

PRIVACY Jennifer Aniston has a simple message when it comes to her on-again relationship with John Mayer: "People need to mind their own business," the actress tells Vogue in its December issue, People.com reports.

Of course, Aniston, 39, understands why so many people are intrigued by their romance. There's the age difference — Mayer is eight years younger — and the musician's high-profile past relationships with starlets like Jessica Simpson.

"Did you ever think Claudia Schiffer and David Copperfield made sense?" Aniston says.



METRO NEWS SERVICES

Madonna's rules

DIVORCE If Guy Ritchie wants to see his kids, he better follow the rules his estranged wife Madonna has laid down, PageSix.com reports. She demands that while Rocco, 8 and David, 3, are with their dad in London, they can't read newspapers or magazines, meet his girlfriends, or have their photograph taken, the Daily Mail reports.

Madonna also reportedly insists the boys drink only kabbalah water, wear clothes made from natural fibers, and play with "spiritually and ethically" sound toys.

Lourdes, Madonna's 12-year-old daughter by Carlos Leon, is with her in New York.

METRO NEWS SERVICES

HELLO! Hot shot of the week





PETER BREGG/HELLO! CANADA

Canada's own Christopher Plummer poses with "my partner and my life," his wife of 40 years, Elaine, in Toronto. The veteran stage and screen actor recently released his memoir, In Spite of Myself, which candidly documents his love of drinking and, in his earlier years, womanizing. "I chose the naughty side of life," he tells HELLO! Canada.

HELLO! CANADA magazine, now available on newsstands – read more at hellomagazine.ca

Fergie feasts for filming

DIET Singer Fergie isn't worried about putting weight on this holiday season, usmagazine.com reports.

"I've actually gained 10 pounds!" she said. "No, really — for the film, Nine. Actually, 13 to be exact."

"I ate everything!" she continued. "Fish and chips. Everything fried — things I don't normally eat."

But now, she said, "I have to give it up! So, yeah, I'm in that phase! Back to diet designs — my food delivery service!"

Fergie also added that she doesn't have any post-holiday workout plans.



METRO NEWS SERVICES

Farrell found it tough to take over Ledger role

LEGACY Colin Farrell, Johnny Depp and Jude Law hit headlines earlier this year when they stepped in to help finish Heath Ledger's final film The Imaginarium of Doctor Parnassus — but the decision to climb on board and bring to life his good friend's role was torment for Farrell, foxnews.com reports.

"It was a very difficult decision to make, when I first heard about it I totally freaked at the idea," Farrell told Tarts.

"But it was important to get Heath's work out and doing what I think Heath would have wanted, which was finishing the movie to its entirety."



GETTY IMAGES PHOTOS

METRO NEWS SERVICES

Nicole loves Keith!

SWEET LOVE Nicole Kidman has paid a gushing tribute to husband Keith Urban, imdb.com reports.

The couple wed in 2006. The actress couldn't hide her happiness at the Glamour awards show in New York on Monday, thanking her country star beau for loving her.

"Three-and-a-half years ago, a man came along and said, 'I'm going to take you to Tennessee.' And he took me down there and he said, 'I think you deserve to be loved. Let me love you, let me give you a home, and let's make a baby.' So thank you, Keith Lionel," Kidman said.



METRO NEWS SERVICES

Blake has lots of baggage

STORAGE One of the best parts of being on Gossip Girl for Blake Lively is having nice handbags, People.com reports her as saying.

"I probably have, like, 60 gorgeous bags," the 21-year-old tells W in the December issue. "I have a closet with my really sharp, fancy, nice ones — the ones that go with my Valentino pumps, for example. And then I have a closet with the ones that are a little more rugged-feeling, the kind that go with my Belstaff motorcycle boots."



METRO NEWS SERVICES

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Admission: Free
RSVP by: November 12th, 2008
Contact: Flavia 902.423.3607 ibds@misa.ns.ca



Guest Speaker:
George Mermigas
Same Day Dry Cleaners

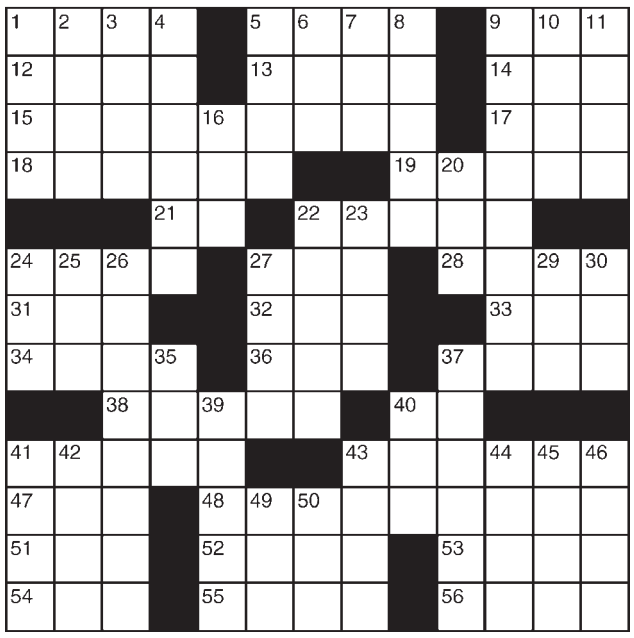
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Take Five



Crossword across

1 Ring out
5 Spud's buds
9 Crony
12 Malaria symptom
13 Freebie
14 Latin 101 word
15 It opens in the fall
17 Tier
18 Slowly
19 Out of dreamland
21 "People" competitor
22 Bob Woodward book
24 Put one over on
27 Foundation
28 Swindle
31 Historic time
32 Lubricant
33 Witness
34 Pink-slip
36 Exist
37 Nasty
38 Trophy, e.g.
40 Familiar greeting
41 Shaggy hairdos
43 Panda food
47 E.T.'s craft
48 Supreme
51 — Lanka
52 Object of devotion
53 Blue matter
54 Turf
55 Yield
56 Lhasa — (dog)

Crossword down

1 One of the Three Bears
2 "Zounds!"
3 Emanation
4 Group of teams
5 Reverberate
6 Thee
7 Ambulance VIP
8 Lance
9 Eden
10 Beyond control
11 Actor Rob
16 Opposite of "trans-"
20 Symbol of intrigue
22 Bizarre
23 Not working
24 Updated "groovy"
25 Spoon-bender Geller
26 Overly fearful
27 Piglets' pop
29 Meadow
30 Barbie's friend
35 Ram's mate
37 Champagne + O.J.
39 Jellied entree
40 Scenery chewer
41 Disarrange
42 Frizzy do
43 Curse
44 Dislodge
45 Responsibility
46 "Beetle Bailey" dog
49 Expert
50 Scepter

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	8			4	2			
2	9			3		6		4
		3	9			8	5	
	3	6			4		2	1
			7		6			
9	4		1			5	6	
	7	1			5	3		
6		4		7			8	5
			4	8			7	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

S	A	F	E	■	G	E	L	■	S	T	A	R		
I	C	O	N	■	O	L	E	■	T	H	E	E		
T	H	R	E	W	O	F	F	■	E	R	O	S		
S	E	E	M	E	D	■	T	A	L	E	N	T		
■	■	■	■	Y	E	S	■	S	O	L	E	■	■	■
A	C	T	■	P	O	T	■	L	A	W	N	S		
D	A	H	L	■	N	O	H	■	R	A	I	L		
S	P	R	A	T	■	P	U	G	■	Y	A	Y		
■	■	■	E	X	A	M	■	N	O	D	■	■	■	■
B	O	N	N	I	E	■	D	R	E	A	M	T		
A	L	O	E	■	T	H	R	E	S	H	E	R		
R	I	D	S	■	R	A	E	■	K	E	N	O		
T	O	Y	S	■	O	L	D	■	S	M	U	T		

1	9	4	2	6	5	8	3	7
3	6	2	4	7	8	1	9	5
8	7	5	1	9	3	6	2	4
5	1	8	3	2	7	4	6	9
9	3	6	5	1	4	2	7	8
2	4	7	9	8	6	5	1	3
7	5	3	6	4	2	9	8	1
6	8	9	7	5	1	3	4	2
4	2	1	8	3	9	7	5	6

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SUDOKU SOLVE TIME:
Under 13 min Genius
13-17 min.....Scholar
17-21 min Smart
21-25 min Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Spicy Broccoli and Cauliflower

INGREDIENTS:
5 cloves garlic
1 green chili pepper
2 tbsp (25 mL) olive oil
1 lb (500g) broccoli florets
1 lb (500g) cauliflower florets
2 oz (50g) Emmenthal cheese
2 oz (50g) Cheddar cheese
3 tbsp (45 mL) dried bread crumbs
2 tbsp (25 mL) capers
1–2 tbsp (15–25 mL) pickled green peppercorns
Salt and black pepper

METHOD:
1. Preheat the broiler and put a pot of water on to boil.
2. Peel and thinly slice garlic. Seed and chop chili pepper.
3. Heat oil in a frying pan or large wok with a lid. Add garlic and chili pepper, stir in broccoli and cauliflower florets, sprinkle with salt and pepper, and add 3/4 cup (150 mL) boiling water. Cover pan and cook vegetables over high heat for 4–5 minutes, until they are tender. Stir or toss halfway through cooking. Drain well.
4. Meanwhile, grate Emmenthal and Cheddar cheeses and mix them with bread crumbs.

5. Stir capers and peppercorns into vegetables. Transfer to a shallow flameproof dish, sprinkle cheese and bread crumb mixture over the top, and place under broiler until cheese melts and topping turns golden. Serve hot.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**


Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A speaker has reservations about you. A group looks to you for support. A passionate encounter is ruined by bad timing.

TAURUS
APRIL 21-MAY 21
A dubious tale threatens a newfound friendship. A whiner gives up on optimism. A practical person puts away remorse.

GEMINI
MAY 22-JUNE 21
Cut a long story short to steer clear of slippery slopes. A hidden opponent makes a conversion. Uncertainty about work continues.

CANCER
JUNE 22-JULY 22
Excessive responsibility can lead to arguments. An encounter in a corridor will end a bad situation. Exhausting events force your eyes open.

LEO
JULY 23-AUG 23
Everyone's talking about what's about to happen. Running wild affects your work prospects. You'll live up to your own expectations.

VIRGO
AUG 24-SEPT 22
Winning an argument will be frustrating. Be truthful with a special person. A perky woman will do things properly.

LIBRA
SEPT 23-OCT 23
A fateful meeting will be remembered. The cost of disagreeing is not worth it. Refuse to take part in cruel activities.

SCORPIO
OCT 24-NOV 22
Don't play rough with an immature guy. Ethical problems must be dealt with. A VIP impresses others with a new technique.

SAGITTARIUS
NOV 23-DEC 21
A strong man is hiding something. A dramatic person frightens people. Lethargic daydreamers start to irritate you.

CAPRICORN
DEC 22-JAN 20
Accept an invitation if you care about someone. Take a walk on the wild side. Bungling fails to amuse you.

AQUARIUS
JAN 21-FEB 18
Expect some good things to come your way. A helpful person single-handedly goes off track. Certainty develops about a messy romance.

PISCES
FEB 19-MARCH 20
Give someone extra respect and concede a loss. Other people won't argue unless you do. Avoid complaints after a spirited encounter.

This day in history

NOV. 13, 1775: American Revolutionary War: Patriot revolutionary forces under Col. Ethan Allen attack Montreal, Quebec defended by British General Guy Carleton.
NOV. 13, 1841: James Braid first sees a demonstration of animal magnetism, which leads to his study of the subject he eventually calls hypnosis.
NOV. 13, 1956: United States Supreme Court declares Alabama and Montgomery, Alabama laws requiring segregated buses illegal; thus ending the Montgomery Bus Boycott.
NOV. 13, 1990: The World Wide Web first began.

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